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Welcome to Sacramento and the 2014 USA Track & Field Outdoor Championships!

USA Track & Field, the Sacramento Sports Commission, a division of the Sacramento Convention & Visitors Bureau, the Pacific Association and the City and County of Sacramento welcome you to the 2014 USA Outdoor Track & Field and Junior Combined Events Championships. It is our goal to provide each athlete with an athlete-friendly competition experience that is of the highest quality. We wish you the best of luck in your competition!

This handbook will provide you with detailed operational procedures that are necessary for your success at the Championships. Please read all information in your packet carefully so that you will be aware of any changes that may have taken place since you completed your entry application. Athletes should pay special attention to the rolling declaration process, athlete check-in procedures; implement inspection deadlines, doping control procedures.

For the latest information on the Status of Declaration please visit: www.USATF.org
ATHLETE SERVICES

Athlete Services Desk
An athlete services representative will be available at the Sacramento International Airport Information Desk at both terminals, the Hilton Hotel and the Alumni Center. Athlete services representatives will provide assistance with meet information, medical services, athlete transportation, housing issues etc. per the schedule below:

Sacramento International Airport Information Desk (located in Terminal A & B adjacent to Baggage Claim)
- Monday, June 23 - Monday, June 30 10:00 AM – 10:00 PM

Hilton Sacramento Arden West (located in the main Lobby)
- Tuesday, June 24 - Monday, June 30 9:00 AM – 10:00 PM

The Well (on-site athlete area, adjacent to stadium and warm-up track)
- Wednesday, June 25 - Sunday, June 29 Opens 2 hours prior to competition

Athlete Packet Pick-Up
Athlete packet pick-up will be located in the Alumni Center (6000 J Street) across the street from Hornet Stadium on Stadium Drive South. Parking is available at the Alumni Center. Athlete Registration Hours are as follows:

- Tuesday, June 24 2:00 PM – 6:00 PM
- Wednesday, June 25 10:00 AM – 6:00 PM
- Thursday, June 26 10:00 AM – 6:00 PM
- Friday, June 27 10:00 AM – 6:00 PM
- Saturday, June 28 10:00 AM – 5:00 PM
- Sunday, June 29 10:00 AM – 1:00 PM

Local Volunteer/Staff /VIP Credential Pick-Up
Local volunteer, staff and VIP credential pick-up will be located in the Alumni Center (6000 J Street) across the street from Hornet Stadium on Stadium Drive South. Parking is available at the Alumni Center. Local Credential Hours are as follows:

- Monday, June 23 12 Noon – 5:00 PM
- Tuesday, June 24 9:00 AM – 6:00 PM
- Wednesday, June 25 7:00 AM – 7:00 PM
Thursday, June 26 8:00 AM – 8:30 PM
Friday, June 27 9:00 AM – 9:00 PM
Saturday, June 28 9:00 AM – 6:00 PM
Sunday, June 29 10:00 AM – 3:00 PM

Credentials
The Championships are a controlled access event. Admission to all practice, warm-up and competition facilities including the Well, athlete shuttle, athlete lounge and athlete/athlete support seating is by credential only. Athletes must be declared for their event in order to receive a credential. Credentials must be worn for admittance to any area other than public areas. Credentials will be required for facilities entry beginning June 24th.

Athletes must appear as “qualified” or “accepted” and “declared” on the Status of Entries page of the USATF website in order to receive a credential. All athlete support persons must be designated to receive an athlete support credential by an athlete who is “qualified” or “accepted,” and “declared” per the status of entries page. In addition, the athlete must have checked in at packet pick-up prior to support person’s arriving to receive their credential. This ensures the athlete has made the necessary changes and/or validated the support person they want to receive this credential. Athletes and support persons will be required to show a photo ID to pick up their credentials.

There are three types of support personal credentials, Registered Coach “RC”, Warm-up Pass “WP”, and Stadium Pass “SP”. These are designed to allow an athlete’s coach and/or personal support access to the warm-up area, athlete seating or practice track for the purpose of preparing for competition. An individual must be 18 years of age or older to receive a credential and a current (2014) member of USA Track & Field. Credentials are non-transferrable and each support person will only be allowed to receive one credential free.

RC - Registered Coach Credential (best option for coach)
All coaches designated to receive a “RC” credential must be a current (2014) member of USATF and must be a current member of the USATF Coaches Registry, prior to receiving a “RC” credential. Individuals must have completed and been approved (be listed on the USATF Coaches Registry) prior to their arrival in Sacramento. Only the individuals specified by participating athletes for this purpose will be allowed to receive a “RC” credential. You will not have the option to sign up for the Coaches Registry on-site (Sacramento) to obtain a coaches credential. Please view the following link for more details on the USATF Coaches Registry:
http://www.usatf.org/Resources-for----/Coaches/Coaches-Registry-(1)/Registered-Coaches-Program.aspx

WP - Warm-up Pass Credential (best option for personal medical)
Personal support designated to receive a “WP” must be a current (2014) member of USATF. Please renew or sign-up for a membership at the following link: http://www.usatf.org/Products---Services/Individual-
Memberships.aspx. Only the individuals specified by participating athletes for this purpose will be allowed to receive a “WP” credential. Personal medical receiving this pass must have a medical license on file or bring a copy to packet pick-up). There is no stadium access with this credential.

PLEASE NOTE THAT ALL SUPPORT PERSONS ACCESSING THE WARM-UP AREA (RC OR WP) WILL BE REQUIRED TO SHOW A PICTURE ID.

SP - Stadium Pass Credential (best option for family member or friend)
Personal support designated to receive a “SP” must be a current (2014) member of USATF. Please renew or sign-up for a membership at the following link: http://www.usatf.org/Products---Services/Individual-Memberships.aspx. Only the individuals specified by participating athletes for this purpose will be allowed to receive a “SP” credential. There is no warm-up access with this credential.

Credentials can be obtained and or purchased at the Alumni Center across the street from the southeast corner of Hornet Stadium.

Athletes will have the following credential options for their support persons:

1. **One Complimentary Credential Option (pick one of the following):**
   - RC - Registered Coach - coach of record (warm-up area and stadium only)
   - WP - Warm-up Pass (no stadium access; warm-up area access only)
   - SP - Stadium Pass (no warm-up area access; stadium seating)

Each participating athlete may request one of the above options for his or her personal support by specifying the name of the individual designated to receive that credential on his or her on-line entry form. There is no fee for this credential.

2. **Second Credential Option for purchase (pick one of the following):**
   - WP - Warm-up Pass (no stadium access; warm-up area access only)
   - SP - Stadium Pass (no warm-up area access; stadium seating)

Each participating athlete may request to purchase one of the above options for his or her personal support by specifying the name of the individual designated to receive that credential on his or her on-line entry form. There is a fee for the second credential option.

**Price for 2nd credential: $70**

Please note that all support persons accessing the warm-up area (RC or WP) will be required to show a picture ID.
Credential Access
Athlete (A) and Athlete Support (RC, WP, SP) credentials provide access to the following:

Athlete Credential – “A”
- Hornet Stadium Field of Play when escorted by an official for the purpose of competition
- Sacramento State Warm-up Track and the athlete preparation area in The Well.
- American River College Practice Facilities on June 21 to June 28 during practice hours.
- Athlete Shuttle
- Medical Facilities
- Stadium Seating (on the East side of the stadium) on a first come first served basis
- Athlete Hotel Hospitality Lounge
- The Well Athlete Hospitality Lounge

Athlete Support Credential – “RC”
- Sacramento State Warm-up Track
- Access to Coaching Box Area for those with athlete in jumping events along with Coaching Box Ticket
- American River College Practice Facilities on June 21 to June 28
- Athlete Shuttle
- Medical Facilities for purpose of escorting athlete
- Athlete Seating Section on the east side of the stadium on a first come first served basis
- Athlete Hotel Hospitality Lounge but not the Well Athlete Hospitality Lounge
- Coaches Hospitality Area on upper deck of Well at north end of stadium

Athlete Support Credential – “WP”
- Sacramento State Warm-up Track
- Access to Coaching Box Area for those with athlete in jumping events along with Coaching Box Ticket
- American River College Practice Facilities on June 21 to June 28
- Athlete Shuttle
- Medical Facilities for purpose of escorting athlete
- Athlete Seating Section on the east side of the stadium on a first come first served basis
- Athlete Hotel Hospitality Lounge but not the Well Athlete Hospitality Lounge

Athlete Support Credential – “SP”
- American River College Practice Facilities on June 21 to June 28
- Athlete Shuttle
- Medical Facilities for purpose of escorting athlete
- Athlete Seating Section on East side of stadium on a first come first served basis
- Athlete Hotel Hospitality Lounge but not the Coaches or Athletes Hospitality areas at the Stadium

USATF reserves the right to deny or revoke a “RC”, “WP”, or “SP” credential to any personal support who USATF has reason to believe (a) has committed an anti-doping rule violation or materially contributed to the commission of an anti-doping rule violation; or (b) is under investigation by the United States Anti-Doping Agency (“USADA”) or other authorities with respect to a potential anti-doping rules violation; or (c) has engaged in conduct deemed by USATF to reflect a pattern of unethical behavior.

Other stipulations that apply to “WP” and “SP” credentials:
- Must not have a violent felony conviction.
- Must not have a non-violent felony conviction within 3 years.

Any unauthorized person in possession of a credential and any unauthorized person found in a credential-restricted area (the athlete warm-up areas, or other restricted zones) will be immediately escorted from the facility, the credential will be revoked, and the unauthorized person may be subject to penalty.

Credential Terms and Conditions can be found at https://www.usatf.org/Credentials.aspx.

Athlete Hotel Hospitality Lounge
An athlete hospitality lounge will be located in the Hilton Sacramento Arden West and Doubletree Hotel Sacramento. This lounge is designated for athlete/athlete support use only. The lounge provides light snacks, beverages, televisions and electronic games. The lounge will be open from 10:00 a.m. to midnight daily from June 24-June 29. Heat sheets and results are available via the internet at www.flashresults.com.

ATHLETE MEDICAL
The Well/ Hornet Stadium at Sac State
The main medical treatment center available to athletes is located in The Well, the athlete preparation area. It has a full range of medical professionals including athletic trainers, physical therapists, chiropractors, massage therapists, physicians and nurses. Ice baths will be available outside of The Well beginning Tuesday, June 24th through Sunday, June 29.

The health care professionals at The Well can provide athletes with modality treatments including deep and superficial heat, cold, and electrical stimulation as well as their hands-on treatment methods, ice baths,
injury assessment and triage. A medical surveillance team consisting of trainers and doctors will be on the Field of Play at all times during competition. Treatment Centers Hours are as follows:

The Athlete warm-up area and treatment hours at the Well are as follows:

- Wednesday, June 25     8:30 AM – 8:30 PM
- Thursday, June 26      8:00 AM – 10:30 PM
- Friday, June 27        9:30 AM – 10:40 PM
- Saturday, June 28      5:30 AM – 4:00 PM
- Sunday, June 29        5:30 AM – 4:00 PM

American River College Practice Facility
An auxiliary Medical Treatment Center are located at the American River College Practice Facility is limited to minor injuries and is staffed by athletic trainers. It will have ice baths. Credentials are needed to receive treatment.

- Thursday, June 26 – Saturday, June 28  9:00 a.m. to 12:00 noon

Hilton Sacramento Arden West
An auxiliary Medical Treatment Center will be available at the primary Athlete Hotel, the Hilton Sacramento Arden West. The treatment center will include massage and chiropractic treatment.

Personal Medical Professionals
Space will be available at The Well for personal medical professionals who have an Athlete Support (“WP”) credential. Personal medical professionals must provide their own massage tables and supplies. The individuals should identify themselves to the medical staff to avoid confusion and should only treat athletes that they are contracted to provide services for. Additional athlete support (WP or SP) credentials will be available for purchase at the packet-pickup and check-in area located in the Alumni Center.

Competition Emergency Center
The Sacramento State medical staff will use the Health Services offices to triage emergency cases. The Broad Fieldhouse training room will serve as the competition emergency center for injured competing athletes. The room is located south of the Stadium. Only emergency situations that occur on the track will be treated in this room. All other medical services will be available in The Well in designated medical area in the gymnasium.

After-Hours Medical
An after-hours sick call service will be provided by the UC Davis Sports Medicine Clinic (UCDMSD). Service is available 24 hours a day. Dr. Brandee Waite, Dr. Dan Parker and Dr. Brian Davis will be on call and can be reached by calling the UCDMSD operator at (916) 734-6805. Please note this is strictly for medical situations that arise after the athlete medical treatment centers have closed.
ATHLETE TICKETS
Athlete Services Desk
Athletes wishing to purchase tickets for family and friends may do so at:

www.track.sacsports.com

Enter code: USATFATH

Available tickets will be General Admission seating. A maximum of two (2) tickets per athlete per day can be purchased. The cost is $10 per ticket. Athletes wishing to purchase reserved seats should visit the Ticket Office at the competition facility for availability. Special pricing is NOT available for reserved seats. The Ticket Office opens one hour prior to the start of the first event of the day.

DECLARATIONS INFORMATION
Declaration Deadlines and Fees

<table>
<thead>
<tr>
<th>Declaration Deadlines</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>On-time: Monday, 6/16/14, from 12:01 a.m. – Tuesday, 6/17/14 by 11:59 p.m. ET</td>
<td>$0</td>
</tr>
<tr>
<td>Late petition only: Wednesday, 6/18/14 from 9:00 a.m. - 1:00 p.m. ET</td>
<td>$100</td>
</tr>
</tbody>
</table>

Declaration Process
Once properly entered, all athletes must complete the declaration process during the designated time. This process confirms your intention to compete in the Championships.

- Online is the only method of declaration. No other form of declaration will be accepted.
- Each athlete or his representative must declare whether that athlete will or will not compete during the designated time.
- **Athletes not declaring by the declaration deadline will be scratched.**
- A Help Line is available for those who need help with the declaration process. For assistance call 317-713-4689 during normal business hours, 8:30 a.m. - 5:00 p.m. ET, Monday through Friday.
- **Petitions for Late Declarations**
  - Petitions may be filed by emailing the following information to [Duffy.Mahoney@usatf.org]:
    - Athlete Name
    - Athlete Event(s)
    - Explanation for late declaration
    - Call back number (cell number preferred)
- Athletes submitting a petition for late declaration will be assessed a $100 late declaration fee. Late declaration fees may be paid by credit card only. "Visa, the only card accepted by USATF."
- Decisions on late declaration petitions will be acted upon by a special committee no later than 5:00 p.m. ET on Wednesday, June 18, 2014.
- Late declaration petition fees are non-refundable regardless of the decision of the committee.
PRACTICE SCHEDULE

American River College (ARC)
The practice facility for the 2014 Championships is located at the Hornet Stadium Warm-up Track and Beaver Stadium on the campus of American River College (ARC). ARC is located approximately 6 miles or a ten minute drive from the Doubletree Hotel.

Practice hours will be available on the Hornet Stadium Warm-up Track on non-competition days (Saturday, June 21 – Tuesday, June 24).

ARC will be the only practice facility available on competition days (Thursday, June 26 - Saturday, June 28). No practice will be permitted at the warm-up track or throw venues on competition days.

Practice Schedule
- Saturday, June 21 – Tuesday, June 24 / 9 a.m. – 12 noon / Hornet Stadium Warm-up Track
- Thursday, June 26 – Saturday, June 28 / 9 a.m. – 12 noon / ARC

Note: Wednesday, June 25 will be an official practice day on the competition facilities, from 9 a.m. – 12 noon and 6 p.m. – 8 p.m.

Practice Access:
Athletes and coaches will have access to the Practice Facility. Family, friends and spectators will not be allowed access at the ARC. Athletes must have their credential to gain access to the Practice Facility.

Practice Facility Support Services
The following services and staff will be available during the scheduled hours of operation:
- Medical trainers
- Shade tents and water
- 1000 yd. circumference open grass field
- Grounds and equipment crew to maintain sandpits, equipment, etc.
- Stadium supervisor

Practice Equipment
The Practice Facility at ARC will have the following equipment will be available:
- High jump pit
- High jump standards and crossbars
• Pole vault pit
• Pole vault standards and crossbars
• Starting blocks
• Hurdles
• Steeplechase barriers

Field event athletes must provide their own implements for practice and warm-ups. No practice implements will be available either at the Practice Facility at ARC or the Warm-up Facility at Hornet Stadium.

Important Note: Once an implement is checked in at “Implement Check-in”, it may not be checked out again for practice.

ARC Practice Shuttle Hours of Operation
Athlete pick-up and drop-off from the Doubletree and Hilton Hotels will be just outside each hotel’s main lobby. The ARC Shuttles (Practice Facility) will have signage posted on the sides of the buses as well as on the windshield specifying ARC. Be sure you board the correct bus. YOU MUST HAVE YOUR CREDENTIAL TO BOARD.

Athlete pick-up and drop-off for the ARC Practice Facility will be at the South End Gate.

Detailed ARC athlete shuttle schedule will be posted at the following areas:
• Hilton Sacramento Inn Lobby
• Doubletree Hotel Lobby
• American River College

Shuttle Schedule
Shuttles from the Doubletree Hotel by Hilton Sacramento will depart daily at 8:30, 9:30, 10:30 and 11:30.

Shuttles from the Hilton Sacramento Arden West will depart daily at 8:45, 9:45, 10:45, and 11:45.

Shuttles will depart ARC daily at 9:05, 10:05, 11:05, and 12:30.

Parking at ARC
Parking at the Practice Track is plentiful and convenient. The stadium is surrounded by 3 large parking lots. Athletes should park in the south end lot for easy access into the track. The south end gate will be the only gate open.
Driving Directions to ARC-Practice Facilities

From I-80: Take the Auburn Blvd exit which is the next exit after Watt Ave going toward Reno and just after the Light Rail Station. At the light take a left and go north to Orange Grove (next signal) and turn right on College Oak and follow it until it ends. Turn right and go south two blocks. The stadium is on your left at the stop sign at the intersection of College Oak and Winding Way. (See map in Appendix)

From Hilton: Leave parking lot and go left to Arden Way. Go underpass and then on to CA 160/I-80 Business going to Reno. Go to the Watt Ave. South exit, then turn left at the end of the off ramp onto Auburn Blvd. Proceed north on Auburn Blvd. approximately 1½miles to Orange Grove and turn right. Go to the next signal light and turn right onto College Oak. The stadium is 2 blocks on the left side. Pull into the parking lot and go to the south end of the stadium for entry.

From Doubletree: Leave parking lot and go left to Arden Way. Get in the left turn lane on Arden Way and make a U turn at the signal. Take CA 160/I-80 Business going to Reno which is the first exit to the right. Go to the Watt Ave. South exit, then turn left at the end of the off ramp onto Auburn Blvd. Proceed north on Auburn Blvd. approximately 1½miles to Orange Grove and turn right. Go to the next signal light and turn right onto College Oak. The stadium is 2 blocks on the left side. Pull into the parking lot and go to the south end of the stadium for entry.

California State Capitol Shot Put Practice Schedule
Practice for shot put athletes will be held at the California State Capitol beginning Tuesday, June 24, 2014.

- Tuesday, June 24 from 10:00 AM – 1:00 PM and 4:00 PM – 6:00 PM

Van Shuttle Schedule Shot Put Practice and Competition
Tuesday, June 24: Shuttles will depart every half hour from 9:30 AM – 1:00 PM and 3:30 PM – 6:00 PM.

Wednesday, June 25: Shuttles will depart every half hour from 9:00 AM – 1:00 PM and 2:00 PM – 8:00 PM.
Hornet Stadium Practice Schedule (Warm-up & Competition Venue)

Practice for credentialed athletes will be held at the competition track at the Hornet Stadium on the campus of Sacramento State University as follows:

- Wednesday, June 25 from 9:00 AM – 12 PM and 6:00 PM – 8:00 PM

For safety purposes long throws practice will only be allowed during the following times at the competition facilities:

<table>
<thead>
<tr>
<th>Date</th>
<th>Shot</th>
<th>Discus</th>
<th>Hammer</th>
<th>Javelin</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wed., June 25</td>
<td></td>
<td>10:30 AM – 12:00 PM</td>
<td>9:00 AM – 10:30 AM</td>
<td>9:00 AM to 12:00 PM</td>
</tr>
<tr>
<td></td>
<td></td>
<td>6:00 PM – 7:00 PM</td>
<td>7:00 PM – 8:00 PM</td>
<td>6:00 PM – 8:00 PM</td>
</tr>
</tbody>
</table>

All competition equipment and medical services will be available for athlete use during the practice period. The throwing areas are located at the north end of the warm-up facility.

Important Note: No practice will be allowed on the warm-up or competition track on competition days.

Hornet Stadium Shuttle

Athlete pick-up and drop-off for the Hornet Stadium (Warm-up and Competition Venues) will be at the Athlete Transportation Center (Athlete Entrance), located at the west side of the warm-up track on State University Drive West. Credential required to board shuttles.

Detailed athlete shuttle schedules will be posted at the following areas:

- Hilton Hotel Lobby
- Doubletree Hotel Lobby
- Transportation Center (CSUS) at the Well Loading Dock driveway at the west end of the Well

Frequency: Departures every hour on the half hour

Driving Directions to Hornet Stadium – Warm-up and Competition Venues

Hornet Stadium is at College Town Drive and State University Drive West on the south end of the campus. Parking is at State University Drive East.

From Doubletree Hotel: Leaving the parking lot make a left and go to Arden Way. Make a right on Arden Way and go several blocks to Howe Ave. Turn right on Howe Ave. and go south for about three miles until you cross the American River. This is just before the entrance to US 50. There is a Denny’s Restaurant on the southwest corner. You will take a right at the signal to College Town Drive which goes over to the Hornet Stadium and the parking areas. The Hornet Stadium is at the southwest corner of the campus.
campus most days will be restricted. Taking the athlete shuttle is your best option.

From the Hilton Hotel: Leaving the parking lot make a left and go to Arden Way. Make a left on Arden Way and go several blocks to Howe Ave. Turn right on Howe Ave. and go south for about three miles until you cross the American River. This is just before the entrance to US 50. There is a Denny's Restaurant on the southwest corner. You will take a right at the signal to College Town Drive which goes over to the Hornet Stadium and the parking areas. The Hornet Stadium is at the southwest corner of the campus. Driving on campus most days will be restricted. Taking the athlete shuttle is your best option.

From Downtown: Take US 50 East take the Howe Ave. / Power Inn Road exit and get off at the first exit to Hornet Drive. Make a right on Hornet Drive and then a left at the signal to College Town Drive. You are just a block or so from campus and parking. If miss the first exit to Hornet you will be signal at Howe. Take a left and another left at the first signal on to College Town Drive before you cross the American River.
ATHLETE TRANSPORTATION – COMPETITION VENUE

Ground transportation, to/from Hornet Stadium, on competition days for credentialed athletes (A) and athlete support (AS) is available at from the Hilton Sacramento Arden West Hotel and the Doubletree Hotel.

Athlete pick-up and drop-off from the Hilton and Doubletree will be just outside each hotel’s main lobby. Shuttles will have signage posted on the sides of the buses as well as on the windshield specifying either ARC (Practice Facilities) or Hornet Stadium (Warm-up and Competition Venue). Credentials are required to board.

Athlete pick-up and drop-off for the Hornet Stadium will be at the Athlete Transportation Center (Competition Athlete Entrance) located at the west side of the warm-up track at The Well Loading Docks and Clerking area on State University Drive West except for the early shuttles before 9 a.m. on June 28 and 29th. On these mornings State University Drive West will serve as part of the Race Walk Course. Athletes on these early shuttles will be dropped off on State University Drive West at the parking garage which is just north of the warm-up facilities and will enter through Gate 1 on the east side to The Well or the Clerking Area.

A detailed shuttle schedule will be posted in Athlete Services at the Doubletree Hotel, the Hilton Hotel, and the Athlete Services in The Well between the track and the warm-up facility and the Athlete Transportation Center near the Athlete Competition Gate.

The athlete shuttle will run as follows:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, June 24</td>
<td>8:30 a.m. – 6:30 p.m.</td>
</tr>
<tr>
<td>Wednesday, June 25</td>
<td>8:30 a.m. – 8:30 p.m.</td>
</tr>
<tr>
<td>Thursday, June 26</td>
<td>8:00 a.m. – 10:30 p.m.</td>
</tr>
<tr>
<td>Friday, June 27</td>
<td>9:00 a.m. – 10:30 p.m.</td>
</tr>
<tr>
<td>Saturday, June 28</td>
<td>5:00 a.m. – 4:10 p.m.</td>
</tr>
<tr>
<td>Sunday, June 29</td>
<td>5:00 a.m. – 4:10 p.m.</td>
</tr>
</tbody>
</table>

Departures from the Doubletree will be on the hour and half-hour.

Departures from the Hilton will be 10 minutes and 40 minutes past the hour.
Parking at Hornet Stadium (Warm-up and Competition Facility)

Parking is limited at the competition/warm-up facility. Parking is $10 per car per day beginning Wednesday, June 25 through Sunday, June 29. Athletes are strongly advised to ride the event shuttle buses.

Vehicles may drop off athletes at the Athlete drop-off point on the west side of the Well, but athlete credentials will be required to access College Town Drive. Additionally, athletes may park in the paid lots, and enter the stadium through Gate 1, or walk around to the Athlete entry on the west side of the Well.

Other Local Transportation Options

Regional Transit Authority
Sacramento Regional Transit provides daily bus and light rail transit services to within a few blocks of the Hornet Stadium from downtown and other areas of the city. Call (916) 321-2877 for route, schedule, and fare information.

Taxi Service
Yellow Cab Co. David's Transportation Services Sacramento Independent Taxi
(800) 464-0777 (888) 575-0999 (916) 457-4852
(916) 444-2222

Shuttle and Airport Transportation

Shuttle and Airport Transportation will begin on Monday, June 23, and, two days prior to the start of competition, and end Monday, June 30. SuperShuttle will be utilized for athlete airport transfers to the Hilton Sacramento Arden West and Doubletree Hotels. Coaches, family and friends must pay for their own transportation. Reservations do not need to be with SuperShuttle in advance of arrival. Athlete entourage may share transportation from the airport to the hotel with the athlete at their own expense. The approximate charge is $16 per person.

Upon arrival at the Sacramento International Airport, athletes will be directed to the Airport Information Desk specific to their terminal of arrival, Terminal A or Terminal B. At the Airport Information Desk, athlete will have access to a variety of event specific information, including but not limited to, information regarding Complimentary SuperShuttle Service to the Hotel. Athletes should proceed to Baggage Claim, collect their belongings, and go to the SuperShuttle desk where they will get their voucher for transport to their hotel.

The complimentary SuperShuttle Service will ONLY transport event attendees to the Hilton Sacramento Arden West or the Doubletree Hotel by Hilton Sacramento.

All athletes will receive a Ground Transfer Voucher good for one return trip to the Sacramento International Airport upon arrival. Athletes must book their return on their own through SuperShuttle. Vouchers are good through Monday, June 30th at 11:59 PM.
SuperShuttle Sacramento
(916) 648-2500

FACILITIES INFORMATION

American River College Practice Facility
The practice facility for the 2014 USA Track & Field Outdoor Championship is located at Beaver Stadium on the campus of American River College (ARC). ARC is located approximately 6 miles or a ten minute drive from the Doubletree Hotel.

Specification
- Synthetic Material: Rekotan
- Track Geometry: 400m oval with ten 42 inch lanes on the straight and nine 48 inch lanes on the oval

<table>
<thead>
<tr>
<th>High Jump Runways - 2</th>
<th>Discus - 2 - one inside and one outside stadium</th>
<th>Hurdles - Full set</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pole Vault Runway - 1</td>
<td>Javelin - 1</td>
<td>Adjustable steeplechase barriers</td>
</tr>
<tr>
<td>Long/Triple Jump Runways 2 bi-directional</td>
<td>Shot Put - 2 - one inside and one outside stadium</td>
<td>Tenting for shade for athletes</td>
</tr>
<tr>
<td>Hammer -2 outside stadium</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The practice facilities will be open daily:
- Saturday, June 21 – Tuesday, June 24 / 9 a.m. – 12 noon / Hornet Stadium Warm-Up Track
- Thursday, June 26 – Saturday, June 28 / 9 a.m. – 12 noon / ARC

Competition facilities will be available for practice:
- Wednesday, June 25 9:00 AM – 12 PM and 6:00 PM – 8:00 PM

Warm-up Facility at Hornet Stadium
The warm-up facility is available only to athletes who have check-in at the Clerking area located adjacent Competition Athlete Entrance on the west side of the Hornet Stadium.

The warm-up consists of a two land outdoor track and grass areas plus an air conditioned indoor preparation area in The Well, which contains Athlete Hospitality and Medical facilities. These facilities are only available to athletes on their designated days of competition.

No practice will be allowed at the warm-up facility other than June 24 and part of June 25 since it also serves as the throws competition area on the 25th for the Junior Combined Events.
Practice on competition days is at the Practice Facility at American River College. On competition days the warm-up facility will open for those competing each day for the 2 hours prior to the start of the first event of the day and will close 1 hour after the end of the last event of the day to allow for warm-downs.

**Specifications**
- Synthetic Material: New 2014 Mondo Sportflex Super X 720
- Track Geometry: 6 lane sprint straightaway and a 2 lane 400m oval

<table>
<thead>
<tr>
<th>Long Jump</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Runway Approach</td>
<td>North to South</td>
</tr>
<tr>
<td>Runway Length</td>
<td>179' 9&quot;</td>
</tr>
<tr>
<td>Runway Width</td>
<td>4'</td>
</tr>
<tr>
<td>Board to Pit</td>
<td>10' 6&quot;</td>
</tr>
<tr>
<td>Landing Pit Length</td>
<td>30'</td>
</tr>
<tr>
<td>Landing Pit Width</td>
<td>10'</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Triple Jump (common w LJ)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Runway Approach</td>
<td>North to South</td>
</tr>
<tr>
<td>Runway Length</td>
<td>147'</td>
</tr>
<tr>
<td>Runway Width</td>
<td>4'</td>
</tr>
<tr>
<td>Board to Pit</td>
<td>43' 4&quot;</td>
</tr>
<tr>
<td>Landing Pit Length</td>
<td>30'</td>
</tr>
<tr>
<td>Landing Pit Width</td>
<td>10'</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Pole Vault</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Runway Approach</td>
<td>North to South on 100 straight</td>
</tr>
<tr>
<td>Runway Length</td>
<td>Unlimited</td>
</tr>
<tr>
<td>Runway Width</td>
<td>4'</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>High Jump</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Approach</td>
<td>South D Rink</td>
</tr>
<tr>
<td></td>
<td>100+’</td>
</tr>
</tbody>
</table>

Important Note: The warm-up facility will open two hours prior to the start of the first event of the day.

**Competition Facilities at Hornet Stadium**
The Hornet Stadium on the campus of California State University, Sacramento (Sacramento State) will serve as the competition facility. On competition days the Spectator Gate will open one (1) hour prior to the start of the first event. The Spectator Gate is Gate 2 located at the northwest corner of the track by the parking garage.

**Specifications**
- Synthetic Surface: New 2014 Mondo Sportflex Super X 720
ATHLETE MANUAL

- Track Geometry: 400m oval – 37m radius – 8 lane oval – 9 lane straight away – SC water jump inside track

<table>
<thead>
<tr>
<th>Event</th>
<th>Outside Runway</th>
<th>Inside Runway</th>
</tr>
</thead>
<tbody>
<tr>
<td>Long Jump</td>
<td>212'</td>
<td>212'</td>
</tr>
<tr>
<td>Runway Length</td>
<td>212'</td>
<td>212'</td>
</tr>
<tr>
<td>Runway Width</td>
<td>4'</td>
<td>4'</td>
</tr>
<tr>
<td>Board to Pit</td>
<td>10' 6&quot;</td>
<td>10' 6&quot;</td>
</tr>
<tr>
<td>Landing Pit Length</td>
<td>30'</td>
<td>30'</td>
</tr>
<tr>
<td>Landing Pit Width</td>
<td>10'</td>
<td>10'</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Event</th>
<th>Outside Runway</th>
<th>Inside Runway</th>
</tr>
</thead>
<tbody>
<tr>
<td>High Jump</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Runway Approach</td>
<td>South to North (Using Track)</td>
<td>East to West</td>
</tr>
<tr>
<td>One Apron</td>
<td>104' (70' to track)</td>
<td>120' (22' sides)</td>
</tr>
<tr>
<td>Two Aprons</td>
<td>90' (15' between &amp; sides)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Event</th>
<th>Outside Runway</th>
<th>Inside Runway</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pole Vault</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Runway Length</td>
<td>138'</td>
<td>147' 8&quot;</td>
</tr>
<tr>
<td>Runway Width</td>
<td>4'</td>
<td>4'</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Event</th>
<th>Outside Runway</th>
<th>Inside Runway</th>
</tr>
</thead>
<tbody>
<tr>
<td>Javelin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Runway Length</td>
<td>119'</td>
<td>121' 7&quot;</td>
</tr>
<tr>
<td>Runway Width</td>
<td>13'</td>
<td>13'</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Event</th>
<th>Outside Runway</th>
<th>Inside Runway</th>
</tr>
</thead>
<tbody>
<tr>
<td>Triple Jump – Men</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Runway Length</td>
<td>179' 4&quot;</td>
<td>179' 4&quot;</td>
</tr>
<tr>
<td>Runway Width</td>
<td>4'</td>
<td>4'</td>
</tr>
<tr>
<td>Board to Pit</td>
<td>43' 4&quot;</td>
<td>43' 4&quot;</td>
</tr>
<tr>
<td>Landing Pit Length</td>
<td>30'</td>
<td>30'</td>
</tr>
<tr>
<td>Landing Pit Width</td>
<td>10'</td>
<td>10'</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Event</th>
<th>Outside Runway</th>
<th>Inside Runway</th>
</tr>
</thead>
<tbody>
<tr>
<td>Triple Jump – Women</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Runway Length</td>
<td>185' 10&quot;</td>
<td>185' 10&quot;</td>
</tr>
<tr>
<td>Runway Width</td>
<td>4'</td>
<td>4'</td>
</tr>
<tr>
<td>Board to Pit</td>
<td>36' 9&quot;</td>
<td>36' 9&quot;</td>
</tr>
<tr>
<td>Landing Pit Length</td>
<td>30'</td>
<td>30'</td>
</tr>
<tr>
<td>Landing Pit Width</td>
<td>10'</td>
<td>10'</td>
</tr>
</tbody>
</table>

See Competition Facility Layout Map in Appendix X.

Gates
There will be bag searches at all gates. Athletes can access the venue with their credential through any open gate, however the main athlete gate is the Athlete Competition Gate. Should athletes wish to visit the stands they should use Gate 2 or 7.
<table>
<thead>
<tr>
<th>No.</th>
<th>Location</th>
<th>Entry</th>
<th>Purpose</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Of walkway on east side of The Well</td>
<td>Athletes, LOC Staff, early entrance for volunteers and officials open 2 ½ hours before first event and late gate</td>
<td>Athlete from East Side and Early Entry by Officials, Volunteers and Staff/LOC</td>
</tr>
<tr>
<td>2</td>
<td>Northeast corner across from parking garage</td>
<td>General Public Open 1 hour before</td>
<td>Spectators</td>
</tr>
<tr>
<td>3</td>
<td>Middle of East Stands</td>
<td>Overflow Public Open only as needed</td>
<td>If over flow from gate 2</td>
</tr>
<tr>
<td>4</td>
<td>By Ticket Boot by Southeast Corner</td>
<td>VIP open 1 hour before first event</td>
<td>For those with VIP area Tickets</td>
</tr>
<tr>
<td>5</td>
<td>Not in Use</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Media</td>
<td>Southwest Corner of Track on west side of Broad Building Open 2 hours before the first event</td>
<td>Media</td>
</tr>
<tr>
<td>7</td>
<td>Truck and Delivery entrance</td>
<td>West side at north west corner of track, Open at all times for truck traffic</td>
<td>Delivery to track and west entry for Officials and staff.</td>
</tr>
<tr>
<td>Athlete Competition Gate</td>
<td>Driveway West side of The Well</td>
<td>Athletes, Officials, Coaches and “WP” credentials open 2 hours before first event</td>
<td>Athlete Competition Gate. Athlete Access to Well and Warm-up Facilities. AS Support Access to Warm-up Area</td>
</tr>
<tr>
<td>Athlete Track Entrance</td>
<td>Next to Southwest Corner of Well</td>
<td>Entrance from The Well to Spectator Area Internal Gate</td>
<td>Athlete entrance from Clerk to Track, Coaches to Spectator Area</td>
</tr>
</tbody>
</table>

**20 km Race Walk Course**

The 20km loop course for the men’s and women’s 20km events is asphalt and will start and end on the track at Hornet Stadium. The athletes will make a loop on the track and then exit at the start of the 100m straight and Gate 7 to State University Drive. The roadway is primarily flat, with minimal crown and no changes in elevation. The course runs up and down University Drive West which is tree-lined on both sides of the course and along State University Drive south to just about the intersection of University Drive East. The external loop is 2km in length. (See map in Appendix X) The 1km and 2km points will be marked.

**TRACK EQUIPMENT**

**General Equipment**

Most track equipment will be provided by Gill Athletics. This includes all pits, standards, bars and starting blocks.

**Throwing Implements**

**Personal Implements**

Athletes will be permitted to use their own implements for competition provided they pass implement inspection. All personal implement should have the name of the athlete on them. Please do not leave implement bags or containers. Meet organizers will provide a limited supply of implements for use by competitors, during competition, not wishing to use their own implements or whose implements have not
passed inspection. All throwing implements must be inspected prior to competition. Personal implements, once approved for competition, lose their identity as privately owned implements for the duration of the competition and may be used by any competitor. Once implements are checked in they are impounded. Athletes may pick up their implements at the Implement Inspection Room about a half hour after the completion of the competition. Implements not picked up by Sunday at 3 pm will be retained by the LOC.

**No modification may be made to any implement during the competition.** Implements that do not comply with certification specifications shall be impounded for the duration of the event. A list of non-certified implements will be available at the Implement Inspection Room as the information becomes available. An implement to be used in more than one event must be picked up and then turned in again.

Equipment bags will be inspected. **Athletes will not be allowed to have any implements in equipment bags taken to the Field of Play.** Athletes should not bring practice implements to Hornet Stadium, particularly on the day of their competition. Any implements will be removed when the athlete first checks-in at the clerking area. Implements may be retrieved after competition is completed. All implements must be marked with the athlete’s name.

**Implement Check-In**
Implement must be presented at the Implement Inspection Room, located on the west side of The Well at the Athlete Competition Gate. **All implements must be turned in no later than 3 hours prior to the scheduled start of the event.** In some cases the three hours minimum may mean that an athlete must turn his/her implement in the night before the event. The Well is located just north of the track. Implements will be impounded until completion of competition. All implements must be marked with the athlete’s name. Athletes must provide their own implements for practice.

**Implement Inspection Room Hours of Operation**

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours of Operation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, June 24</td>
<td>2:00 PM - 6:00 PM</td>
</tr>
<tr>
<td>Wednesday, June 25</td>
<td>9:00 AM - 6:00 PM</td>
</tr>
<tr>
<td>Thursday, June 26</td>
<td>8:00 AM - 9:30 PM</td>
</tr>
<tr>
<td>Friday, June 27</td>
<td>8:00 AM - 9:30 PM</td>
</tr>
<tr>
<td>Saturday, June 28</td>
<td>8:00 AM - 3:30 PM</td>
</tr>
<tr>
<td>Sunday, June 29</td>
<td>8:00 AM - 3:30 PM</td>
</tr>
</tbody>
</table>

**House Competition Implements**
The Sacramento Local Organizing Committee will supply the following implements for competition:

<table>
<thead>
<tr>
<th>Amount</th>
<th>Weight</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>2kg</td>
<td>Discus – High Moment</td>
</tr>
<tr>
<td>2</td>
<td>2kg</td>
<td>Discus – Medium Moment</td>
</tr>
<tr>
<td>3</td>
<td>1.75</td>
<td>Discus -VS Challenger 75%</td>
</tr>
<tr>
<td>2</td>
<td>1kg</td>
<td>Discus – High Moment</td>
</tr>
</tbody>
</table>
Pole Vault Transportation and Storage

**Athletes Traveling with Their Vaulting Poles**

For those athletes traveling with their poles, the local organizing committee (LOC) will provide transportation from the airport to the stadium once per day beginning June 23rd. Athletes will verify that their poles arrived and then provide the claim check to LOC staff at the Airport Information Desk located in baggage claim.

Athletes must provide their baggage claim check with an LOC staff at the Airport Information Desk. Poles will be delivered to the venue, and be available for use the next morning.

The LOC will provide return service of pole vault equipment to the airport. Vaulting Poles will be transferred back to the airport where the athlete can pick them and route them to their final destination. Athletes must submit complete a pole transfer form at the venue, and LOC staff will provide information on the specific pick-up location.

Athletes can choose to transfer their vaulting poles independently of the LOC. Poles can still be stored onsite.

**Athletes Shipping Vaulting Poles**

Athletes shipping their vaulting poles must fill out the following Shipping and Delivery Form found in Appendix X. Please email the completed form no later than Friday, June 20th at 5:00 PM to Heather Kurstin-hkurstin@gmail.com and Steve Tebbs- stebbs@csus.edu.

Delivery acceptance for Pole Vault equipment is as follows:

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>1kg</td>
<td>Discus – Medium Moment</td>
</tr>
<tr>
<td>3</td>
<td>7.26kg</td>
<td>Steel Shot Put</td>
</tr>
<tr>
<td>3</td>
<td>6kg</td>
<td>Cast Shot Put</td>
</tr>
<tr>
<td>3</td>
<td>4kg</td>
<td>Steel Shot Put</td>
</tr>
<tr>
<td>2</td>
<td>7.26kg</td>
<td>Hammers w/curved handle</td>
</tr>
<tr>
<td>2</td>
<td>4kg</td>
<td>UCS Stainless Steel Hammers w/curved handle</td>
</tr>
<tr>
<td>2</td>
<td>800g</td>
<td>To be determined</td>
</tr>
<tr>
<td>2</td>
<td>600g</td>
<td>To be determined</td>
</tr>
</tbody>
</table>
• Monday, June 16 – Monday June 23rd from 8:00 AM to 5:00 PM
• Tuesday, June 24 – Saturday, June 28th from 6:00 AM to 9:00 AM

All equipment must be picked up for return shipment no later than **5:00 PM on Monday, June 30th**. The University cannot accept poles earlier than **Monday, June 16th** or store them after **Monday, June 30th**. The athlete will need to make other accommodations if they need to ship them outside that window.

Athletes in search of a shipping company may consider:

**Fly-Away Pole Protection**

Ph: (717)701-2468  
Fax: (888)628-2853  
[www.flyawaypoles.com](http://www.flyawaypoles.com)  
Skype: flyawaypoles

USATF is not affiliated with Fly-Away Pole Protection, LLC. USATF cannot and does not guarantee the services of Fly-Away Pole Protection, LLC. USATF is not responsible for any costs or expenses associated with the services provided by Fly-Away Pole Protection, LLC.

For questions please contact Terry VanLaningham at Sacramento State University at (916) 278-6208.

**Pole Vault Poles Storage**

Pole vault poles will be stored on site and locked in Sac State athletics storage sheds adjacent to the warm-up track. In order to avoid storage confusion, athletes must clearly identify poles bundles with a label that includes the competitors’ name and the divisions that he/she will be competing in prior to arrival.

For questions please contact Terry VanLaningham at Sacramento State University at (916) 278-6208.

**Athlete/Athlete Support Seating**

Athlete and Athlete Support seating is located in the East stands. Seating is on a first come, first served basis in areas not reserved and is accessed by credential only.

**Special Coaches Areas**

Coaches are not allowed on the Field of Play. Special Coaching areas have been designated near each field event for working coaches during their athlete’s competition only. Access to this area is provided to one coach with an “RC” or “WP” credential and a special coach’s pass for that event. These special passes will be given to the athlete when he/she first checks in at the Athlete Competition Gate with the clerk for his/her event. Athletes may give their one pass to whomever they wish to have in the coaching area as long as that...
individual has a “RC” or “WP” type credential. Passes change each event and have the athlete’s name, event time and events on the pass. Passes are good during the athlete’s flight of competition only. Approximately 18 spaces have been set aside for field events as listed below. Space is on a first come, first served basis.

A monitor will be assigned to control access to these areas. Each athlete may have only one person in the coaching area and they only have access during their athlete’s competition. The monitor will clear the area after each flight. See chart below for locations.

<table>
<thead>
<tr>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pole Vault</td>
<td>Standing room only - In Front of Northeast Fence</td>
</tr>
<tr>
<td>High Jump</td>
<td>Standing room only - South end next to luxury suites</td>
</tr>
</tbody>
</table>
| Long/Triple Jump       | Seating varies depending on whether North or South Pits are used.  
                        | North - Section 103 - Row 1 seats 15-21  
                        | North - Section 103 - Row 2 seats 17-21  
                        | North - Section 104 - Row 1 seats 5-10  
                        | North - Section 104 - Row 2 seats 5-10  
                        | South - Section 109 - Row 1 seats 6-18  
                        | South - Section 109 - Row 2 seats 6-8, 13-18 |

Sample Pass

Coaches Box Event Pass #1

Event: Men’s High Jump  
Day: Saturday, June 28  
Time: 11:45 AM – 2:15 PM  
Athlete's Name: Joe Smith  
This pass is valid only for the day, and event indicated when used in conjunction with a valid Athlete Support credential. Only one person per athlete is allowed.

Standing room only - South end next to luxury suites
Start Lists & Results Postings

Start List Postings
Daily start lists for will be posted at the following areas as soon as they become available:
- Athlete Lounge Area in The Well
- Call Room
- Officials Rest Area
- Coaches VIP Area

Results Posting
Official results for each day will be posted at the following areas as soon as they become available:
- Athlete Lounge in the Well
- Call Room
- Athlete Recovery Finish Line
- Officials Rest Area
- Coaches VIP Area

Competition Procedures

Severe Weather
In the event of severe weather, although unlikely, athletes, coaches and officials will be advised via a public address announcement to seek shelter.

Summary of Athlete Flow
Athletes in ALL events (qualifying and finals) will follow the same protocol. A summary of this process is outlined below:

- Athletes should enter the stadium either through Gate 1 on the east side or the Athlete Competition Gate.
- Competing athletes must enter Athlete Competition Gate (Athlete entrance to the warm-up facilities and the Well) through the Athlete Competition Gate located on the west side of The Well at the Loading Rack and the Clerking area.
- Athletes must proceed through clothing and equipment check stations, competition bib if this is their first event and issuance prior to check- in with the Clerk of Course at the Call Room Tent. If they are in a jumping event they will be given a coaching box ticket.
• Athletes should report to the Clerk of Course or the Field Event Clerk on First Call but may leave the Call Room area to continue warm-up.
• Athletes must report to the Clerk of Course or the Field Event Clerk on Final Call and remain in the Call Room Tent until time to depart for competition.
• Athletes will be escorted from Final Call to the event. No athlete may enter the Field of Play unless escorted by the appropriate official.
• Athletes going to the track may put on their spikes and get their hip numbers at the Hipping Tent at the entrance to the track at the northwest gate.
• Field athletes not making the finals will be escort to the Post Event Recovery area after completion of the preliminary rounds or in the vertical jumps at the end of the round that they through competing. The only exception will be the throws athletes who must remain until the finals are complete.
• After completion of the event, athletes may be asked to take a victory lap or do a flash interview with television or an in stadium announcer.
• After completion of their event, all athletes will be escorted to the Post Event Recovery Area where they will attach to doping/award chaperones and retrieve their clothing. No athlete may leave the Field of Play except through the Post Event Recovery Area. This includes all athletes in throwing events.
• All athletes will exit the Post Event Recovery Area through the Mixed Zone and some athletes may be escorted to the Media Interview Tent.
• The Awards Ceremony will take place after the event. The first three finishers will move through the Mixed Zone into the Awards Tent. Second through sixth place will receive their awards before leaving the Post Event Recovery Area.
• Selected athletes must report to the Drug Testing Center no later than one hour after notification of selection for testing. Drug couriers will meet you at your event site, have you sign the necessary paperwork, and stay with you until you report to Drug Testing.
• Athletes leaving the Mix Zone or Awards Ceremony will be able to return to the Clerking Area to collect any materials left there by either exiting Gate 6 by the Media Area or the back of the Mix zone and then reentering at the Athlete Competition Gate at the West end of The Well.

Athlete Drop-Off/Pick-Up
Athletes riding the event shuttle buses to the warm-up and competition facilities will be dropped off and picked up at the Athlete Competition Gate located at the west side of The Well and warm-up track on State University Drive West except for the early shuttles before 9:00 a.m. on June 28th and 29th. On these mornings State University Drive West serves as part of the Race Walk Course. Athletes on these early shuttles will be dropped off on State University Drive West at the parking garage which is just north of the
warm-up field and will walk about two blocks down State University Drive West to the Athlete Competition gate at the warm-up facility.

Please note that only event shuttles will be allowed to enter the secured corridor near the athlete entrance. Athletes not taking the shuttle may be dropped off and picked up at the parking garage at the northwest end of the warm-up facility on State University Drive West. To take advantage of this drop-off point, cars must enter the campus from the north side off J Street since State University Drive West will be closed to all normal traffic during competition hours.

Athletes dropping off an implement or checking in can drive to the drop off point if anyone in the car has an athlete or a “RC” or “WP” credential. They can then turn around and leave the area. There is only passenger unloading, no parking at all.

Security Check
For security purposes all athletes and athlete support personnel entering the warm-up or competition stadium will have any bag inspected by security. It is suggested that you bring as little as possible to the track so that your entry will be timely. Please allow enough time to clear security when planning your warm-up.

Athletes and athlete support personnel who are spectators on their non - competition days should enter at Gate 7 on the west side, located just a short distance south of the Athlete Competition Gate, Gate 1 on East side of the Well or 2, General Admission at the Northeast side of the stadium. Athletes who are spectators and want to enter The Hospitality Area in the well will need to enter through the Athlete Competition Gate. Note Gates 2 and 7 only open to public one hour prior to the start of the first event of the day. All individuals entering the competition stadium or warm-up facilities will be checked for contraband. All spectator bags will be checked and individuals will be limited to a single small bag that can be easily checked for easy entry.

Athlete Control
Competing athletes will enter Athlete Control in the clerking area after their security check at the Athlete Competition Gate. Please note that only the athlete shuttle buses, officials vans and cars showing an athlete or athlete support type credential will be allowed to drop off at the Athlete Competition Gate. Athletes must precede through each the following areas before the third call for check-in with the Clerk of the Course in the Call Room Tent area. This can be done starting as early as two hours before the scheduled start of their event.

- Competition Security check at the Athlete Competition Gate
- Initial clothing and equipment check in the clerking area
• Competition bibs
• For jumping events collect the Coaching Box Tickets and give them to their coach

Those athletes competing that day, who have been in the spectator area, will need to enter the restricted area by the Athlete Competition Gate to get into the check in area for clerking and entrance to the warm up track and the Well.

Athlete Support personnel who have athletes competing that day will need to go through Athlete Competition Security so that they can get into the Warm-up Facilities. Before their athlete’s competition they will have to exit from restricted area at the Athlete Competition entrance to the stadium on the east side of the clerking area and the West side of the well.

**Competition Bibs**

*Competition bibs will be available at the warm-up facility on the athlete’s first day of competition.* Bibs may be picked up when entering Athlete Control area at the Clerking area. These bibs must be worn on the front of the uniform during competition. In the pole vault or high jump, the competitors may wear the bib on the back or front only. **Bibs may not be folded or altered in any manner.**

**Spike Regulations**

Athletes may only use pyramid, one or compression spikes that are no larger than 7mm (1/4”) in length. High jumpers and javelin throwers may use a 9 mm or shorter spikes. Spikes will be checked in Athlete Control and those not meeting the regulations must be replaced by the athlete. **No Pin or Christmas tree spikes will be allowed on the competition, warm-up or practice tracks.**
Warm-Up
Athletes may use the warm-up facilities area at the Hornet Stadium ONLY ON THE DAYS OF THEIR COMPETITION. Athletes coming to the track as spectators on other days should enter at Spectator Gate 7 just down one block from the Athlete Competition Gate or General Admission Gate 2 on the Northeast Corner of the stadium. They can use the Well by entering the Competition Gate. Note: Remember practice is allowed Hornet Stadium and on the warm-up facilities only on Tuesday, June 24th and Wednesday, June 25th.

Early Check-in
Athletes may check-in with the Clerk of Course up to 2 hours before their event at the Call Room tent located just north of the Weight Room at the south east end of the warm-up area. Once checked in athletes may go back to the warm-up area or the Well but must return to the Call Room when the Final Call is made.

Athlete Check-in (First Call)
All athletes must check-in with the Track Event Clerk or Field Event Clerk in the Call Room Tent located in the fenced in area just south of the Athlete Competition Gate at the west side of the Well according to the generalized scheduled check-in times listed below. There will be a “First Call”, and a “Final Call” made for each event. Athletes are requested to check-in on the First call but must do by the last call or be scratched from that event. Warm-up can continue after First Call check-in. First Call check-in times are as follows:

- Running Events at least 40 minutes prior to scheduled start of event
- Pole Vault at least 120 minutes prior to scheduled start of event
- High Jump and Horizontal Jumps at least 80 minutes prior to scheduled start of event
- Throws at least 70 minutes prior to scheduled start of event

Final Call - Running Events
Track athletes must report to the Track Event Clerk in the Call Room tent 20 minutes prior to the scheduled start of the event. Coaches and support personnel may not enter the Call Room Tent. Athletes will be escorted to the Field of Play.

Final Call - Pole Vault
Pole vault athletes must report to the Field Event Clerk in the Call Room tent 105 minutes prior to the scheduled start of the event. They will be escorted to the pole vault venue and will have approximately 60 minutes to warm-up in the competition stadium. Pits close approximately 5 minutes prior to start of event
for instructions and introductions. If athletes don’t want to be out there that long they can ask to wait until 30 minutes before the start to be escorted out.

**Final Call - High Jump**

High jump athletes must report to the Field Event Clerk in the Call Room Tent **60 minutes prior to the scheduled start of the event.** High jump athletes will be escorted to the high jump venue and will have approximately 45 minutes to warm-up in the competition stadium. Pits close approximately 5 minutes prior to start of event for instructions and introductions.

**Final Call - Throws**

All throws athletes must report to the Field Event Clerk in the call room field **50 minutes prior to the scheduled start of the event.** If there is more than one flight which is unlikely, the first flight athletes will be escorted to the competition venue and will have approximately 30 minutes to warm-up. Ring closes approximately 5 minutes prior to start of event for instructions and introductions. The second flight, if there is one, will continue to warm-up until their Final Call. Then they will be escorted to the venue and have 30 minutes to warm-up before their competition followed by 5 minutes for instructions and introductions. If there are two flights there will be up to 15 minutes warm-up before finals. If there is only one flight, there will be no warm-up period after the preliminary throws.

**Final Call – Horizontal Jumps**

All other field event athletes must report to the Field Event Clerk in the Call Room tent **60 minutes prior to the scheduled start of the event.** Athletes will be escorted to the competition venue and will have approximately 45 minutes to warm-up in the competition stadium. Pits close approximately 5 minutes prior to start of event for instructions and introductions.

**Athlete Exit**

Following competition (regardless of preliminary or final) all athletes will be escorted from the Field of Play through the Post Event Area at the southwest corner of the stadium. No athlete may leave the Field of Play, **for any reason,** through any gate other than the Post Event Area at the end of their event. **No exceptions.** Officials or a Marshall will escort athletes to the nearest restroom during competition without coming through the Post Event Area. Athletes not qualifying for finals except throw athletes will be escorted to the Post Event Area at the preliminary rounds. The Post Event Area is composed of three parts a Medical Area, the Athlete Recovery Area and a Mixed Zone for Media interviews.

**Post Event Medical Area**

Officials will escort all athletes to the entrance of the Medical Area upon completion of their competition. Athletes needing medical care will stop in this area. All other athletes will proceed to the Athlete Recovery Area. This is also the area that the Drug Testing Chaperone will contact those that have been chosen for testing. They will accompany those athletes from then on until they report to the testing center. Athletes please remember you must report within one (1) hour after signing a doping control notification form. The Drug Testing Center is located in health center portion of The Well on the east side.
Athlete Recovery Area
Clothing baskets and fluids will be located in this area. Athletes will change clothes, receive fluids and those
who are selected for drug testing will sign appropriate paper work and attach to the doping chaperone at
this time. All clothing and bags must be taken by the athletes before leaving this area since there is a no
return policy. Coaches/Agents will not have access to the Athlete Recovery Area or the Mixed Zone. A
special designated area located just outside the back of the Athlete Recovery Area will be roped off just for
agents/coaches who need immediate access to their athlete. This is a small area and is not a celebration
area but is to be used only if a business or procedural need arises.

Mixed Zone Interview Area
All athletes will move from the Athlete Recovery Area to the Mixed Zone for possible media interviews. All
athletes must go through the Mixed Zone even if they do not wish to talk with the press. Athletes may be
requested to go to the Media Interview Tent. Athletes may exit the Mixed Zone if they have completed
requested interviews and return to the stands or the warm-up facility. Athletes who are in the top 3 in a
final event will be escorted to the Awards/Recognition Staging Area.

Awards Ceremonies
The top three finishers in each event will be escorted from the Mixed Zone to the Award Ceremonies Staging
Area, located just outside the Mixed Zone, following the final round of competition. Generally the
ceremonies will occur within an hour of the completion of the event. In a few cases recognition ceremonies
will occur the next day or later during the meet. In those cases athletes will be given reminder slips with the
time they should report back to the Awards Ceremonies Staging Area. Awards for places 4 through 6 will be
given privately in the Awards Tent before athletes leave the Post Event Area.

Protests And Appeals
Protest Procedures
Initial protests related to events occurring during the competition should be oral voiced by the athlete to the
head of the event as soon as possible. Subsequently the protest must be formally made in writing, either by
the athlete or an athlete's representative with an athlete support type credential on behalf of the athlete.
The protest must be completed, signed and submitted at the protest table no later than 30 minutes after
the official posting of the results on the Flash Results website at www.flashresults.com and must be
accompanied by a $50.00 cash protest fee. The protest fee is non-refundable unless the decision is
reversed. Protest forms will be available at the protest table which is located in the entrance to the Coaches
Hospitality area at the foot of the stairs to deck on The Well. The referee's decision will be posted at the
protest table and a copy will made available for the athlete filing the protest as soon as the information is
available.

Appeal Procedures
If an athlete or his or her representative with an athlete support type credential wishes to appeal the
referee's decision, an appeal must be submitted in writing, signed and accompanied by a $100.00 cash
appeal fee at the protest table, immediately and within 30 minutes after the action by the Referee has been
officially posted. The appeal fee is non-refundable unless the appeal is upheld. Appeal forms will be available at the Protest Table located at the entrance to the Coaches Hospitality area. An appeal must be filed only by an athlete or an athlete’s representative on behalf of the athlete. The jury of appeal’s decision will be posted at the Protest Table and a copy will be available for the athlete or athlete representative filing the appeal as soon as a decision regarding the appeal is made.

Drug Testing
Athletes who participate in the competition are subject to drug testing performed by the U.S. Anti-Doping Agency (USADA) in accordance with the USADA Protocol for Olympic Movement Testing.

Athletes selected for doping control will be asked to sign a consent form when they arrive in the Post Event Area and will be assigned a doping chaperone who will remain with the athlete until they arrive at the Doping Control Center. An athlete has one hour before he/she must report to doping control which is in The Well at the north end of the track. An athlete can ask to have one representative with “RC”, “WP” or “SP” credential to accompany them.

BE ALERT - Knowing your rights and responsibilities may save you from making a mistake that could jeopardize your athletic career. The use of ALL dietary supplements is “at the athlete’s own risk of committing a doping violation.” Please see page 50 of the Guide to Prohibited Substance and Prohibited Methods of Doping (PDF) (www.usada.org/go/prohibitedguide) for additional information on dietary supplements. Check out the Test Alert Card (PDF) (www.usada.org/go/testalert) for key details every athlete should know prior to competing.

BE AWARE - Testing may take place at any time or after any round- preliminary, qualifying, or final. USADA typically selects place finishers and random athletes. Athletes have 60 minutes from the time they are notified of being selected for testing to arrive at the Doping Control Station and will be accompanied by a chaperone during that time.

BE CLEAN - Checking to see if the medication you take is allowed could be the difference between passing your test and serving a doping ban. A search on USADA’s easy-to-use Drug Reference Online (www.usada.org/dro) or a quick call to USADA’s Drug Reference Line (1-800-233-0393) and following-up with any necessary forms is all it takes to pass with flying colors.

BE INFORMED - Watching the USADA’s short testing video will familiarize you with the drug testing process (www.usada.org/what/process/). When making travel arrangements please allow enough time for drug testing at the end of your event. This will include providing a sample and processing paperwork.

The adjudication of anti-doping rule violations or refusals to test will be carried out by USADA. Athletes found to have committed a doping violation will be disciplined according to penalties specified by the World Anti-Doping Code and, if appropriate, applicable IAAF rules. Such penalties may result in a period of ineligibility as well as disqualification from an event.
TEAM PROCESSING
Please bring passports to National Team Sign-Up!*

The 2014 USA Outdoor Track & Field Championships will serve as the selection meet for the international competitions listed below. All athletes are required to complete team sign-up in order to be eligible for 2014 USA National Teams. Those who do not complete team sign-up by 5:00 p.m. on Sunday, June 29th will forfeit their rank for selection to national teams for the 2014 season.

The following teams will draw their rosters from the 2014 USA Outdoor Track & Field Championships:

- 2014 NACAC under 23 (August 8-10, 2014, Kamloops, British Columbia, Canada)
- 2014 Thorpe Cup - USA vs. (Germany Decathlon & Heptathlon (July 26-27, Marburg, Germany)
- Pan American Combined Events (July 17-18, Ottawa, Canada)
- World Junior Championships Heptathlon/Decathlon (July 22-27, Eugene, Oregon)

Athletes should bring the following to team processing:

- Travel and competition plans for the summer
- Valid U.S. passport*
- Necessary information to complete forms (contact information for agents, coaches, etc.)

* Athletes must have a current passport good for at least 6 months after the return date from the National Team event.

NACAC under 23 - The first four (4) places in all track and field finals including decathlon and heptathlon, that are ages 20, 21 and 22 by December 31, 2014 (born 1992, 1993 and 1994) should complete paperwork at team sign-up to be eligible for the NACAC under 23 Championships. The top 6 place finishers in the under 23 age bracket in the 100m and 400m should also complete the team sign-up process in order to be eligible for the NACAC under 23 relay pools.

Thorpe Cup and Pan American Combined – all open athletes finishing in the top 8 places in the heptathlon and the decathlon should complete paperwork at team sign-up to be eligible for the Thorpe Cup and the Pan American Combined Events.

World Junior Heptathlon/Decathlon – The top 4 place finisher of the Junior Heptathlon and Decathlon who have met the IAAF Standard for the World Junior Championships should complete paperwork at team sign-up in Sacramento to be eligible for the World Junior Championships.

Team Sign-up Schedule
Athletes will be directed by a member of the team staff to the team sign-up area located in the Alumni Center across the street from Hornet Stadium immediately after the final of their event. Athletes must
complete team processing on the day of their finals unless noted below in the schedule. We strongly suggest coming to the team sign-up room immediately after drug testing.

- Wednesday, June 25th – 7:00 pm – 9:00 pm
- Thursday, June 26th - 3:00 pm – 8:30 pm
- Friday, June 27th - 11:00 am – 12:00 noon (3K Steeple and 10K only)
- Friday, June 27th - 6:00 pm – 10:00 pm
- Saturday, June 28th - 12:00 noon – 5:00 pm
- Sunday, June 29th – 1:00 pm – 5:00 pm

Personal coaches should plan to find their own housing and purchase a ticket if they plan to travel with their athlete. For these smaller non IAAF teams there are no provisions for personal coaches.

**Tie Break Procedures for Running, Field and Combined Events**

If there is a tie for any rank position that affects team selection, the tie shall be broken by the following procedures, in order, as they apply.

**Running Events**

1. For all running events, with the exception of the marathon and 50K race walk;
   a. The athletes affected and/or their respective representatives will receive, from a USATF official, written notification that the race results are in question and that tie breaking procedures must be initiated. The athletes and/or representatives must acknowledge in writing their receipt of the notification.
   b. If all affected athletes agree to a run-off, the run-off will be held within the most time allowed before the roster deadline, but not later than 72 hours, after the last day of the selection competition. The athlete’s decision to compete in the run-off, must be communicated in writing to USATF within two hours from which the last athlete was notified. Failure to do so will be construed as a decision to decline participation in a run-off.

2. Any athlete that agrees to run-off, and then changes his/her mind after the two-hour deadline, forfeits any rights to the higher place.

3. If all affected athletes do not agree to do a run-off, the tie shall be broken by lot. For the purposes of the tie-break procedure, “by lot” will be defined as follows:
   a. For two persons, the tie shall be broken via coin toss.
   b. For three or more persons, the tie shall be broken by drawing names from a bowl. The names shall be written on paper of the same size and folded in the same manner.

4. Any athlete who refuses to participate in the tie-break procedure forfeits any rights to the higher place.

**Field Events**
1. Athletes participating in the final round of competition will be assigned a rank based upon their place-finish in the finals;

2. Athletes that do not qualify for the finals will establish their rank order position based on the athlete’s best mark achieved in the qualifying round. An athlete’s ranking will be based upon the highest round completed by an athlete.

If after exhausting Rule 180.14 there remains a tie for the last team position in a field event other than the high jump and pole vault, there shall be an additional round of jumping/throwing immediately after the event. If that round does not break the tie, one or more additional rounds shall be held until one round breaks the tie. If, after exhausting Rule 181.9, there remains a tie for the last team position in the high jump and pole vault, the tie will be broken by a jump-off, using the rules and procedures normally applicable to jump-offs to break ties for first place.

Field event jump-offs will take place, if possible,
   1) Immediately after the event
   2) No later than the morning following the event.

Any athlete who refuses to participate in the tie-break procedure forfeits any rights to the higher place.

**Combined Events**
If after exhausting Rule 200.12 there remains a tie for the last team position in a combined event, the tie shall be broken by lot.
Any athlete who refuses to participate in the tie-break procedure forfeits any rights to the higher place.

**Prize Money**
USA Track & Field will pay prize money to the first through eight place finishers in each event in the Senior Championships. The prize structure is as follows:

- 1st Place – $7,000
- 2nd Place – $5,000
- 3rd Place – $3,000
- 4th Place – $2,000
- 5th Place – $1,000
- 6th Place – $750
- 7th-8th Place – $500

**Notes**
• Athletes who are eligible to receive prize money will receive their payment after all drug testing results from USADA have become final. It can take anywhere from 6-8 weeks and sometimes longer for USATF to receive these results.
• Athletes with remaining collegiate eligibility will need to check with their university compliance department to verify if they are eligible to receive prize money.
• Athletes who placed 1-6 in their event will receive prize money from the USOC (additional paperwork required to process this payment)*. Athletes who placed 7-8 in their event will receive prize money from USATF (additional paperwork required to process these payments).*
  *USOC payments – Athletes who are eligible to receive prize money will receive an email from USATF with details/forms you will need to complete to receive prize money.
  *USATF payments – Athletes who are eligible to receive prize money, will be required to complete the following IRS W-9 form: IRS Form W-9: Request for Taxpayer Identification Number and Certification (PDF, via IRS.gov)
• Please make sure your mailing address, email, and phone number is up-to-date under your USATF membership profile so there is no delay in USATF contacting you to process your payment.

Fax or scan and email completed forms to the following:
Fax – 1-317-261-0514 or 1-800-833-1466 (cover page ATTN: Sariyu Beka Suggs)
Email - Sariyu.Suggs@usatf.org

Athlete Allocations
An allocation of funds will be provided first to the defending U.S. Outdoor Champion in each event, and then to the top four ranked outdoor performers, based on the 2014 U.S. Outdoor List, IAAF Outdoor Top Marks list, or All Athletics outdoor list of marks achieved as of the on-time entry deadline (Wednesday- June 11, 2014). Please note the qualifying window for entries is not the same as the qualifying period for travel funding.

Note: Athletes, including the defending champion, in all events at the U.S. Outdoor Championships, must have posted a qualifying mark during the window stated above to qualify for a travel funding allocation.

If the defending U.S. Outdoor Champion is not entered and qualified for the Outdoor Championships by the on-time entry deadline (Wednesday- June 11, 2014), funding will then be allocated to the top five (5) ranked performers in each event who have entered by the on-time entry deadline and who have met the qualifying mark.

For these allocations, funds will be awarded to the top ranked athletes in the distances/disciplines being contested at the Championships and NOT for times or distances achieved in alternate qualifying distances/times (i.e. rank in the 1,500m, but not the Mile). The only exception to this would be in the case of the allocation to the Defending Champion, who simply needs to be ENTERED AND QUALIFIED in order to be allocated and, therefore, could use an alternate distance/time.
In addition to the payments as described above, an allocation of funds will be provided to those athletes who were not allocated funding prior to the Outdoor Championships, but who place in the top four (4) in their event at the 2014 USA Outdoor Championships.

In order to be eligible for the Outdoor Championships travel allocation, an athlete must be a current USATF member in good standing; must have entered by the on-time entry deadline (Wednesday- June 11, 2014); must have met the qualifying standard set by USATF no later than the on-time entry deadline; and must be a citizen of the United States of America who is eligible to represent the U.S. in international competition. Dual Citizens should note that they must be eligible to represent the USA.

Notes
Travel funding breakdown:
The airfare allocation will be based on a "supersaver" fare (21-day advance purchase/Saturday night stay-over)
There will be a flat rate of $275 towards per diem/accommodations.
Travel funding distribution:
Athletes who qualify for pre-allocations will receive their checks at packet pick-up at the Championships.

Athletes who qualify for post-allocations will receive their checks via mail (U.S. Postal Service) but only after all drug testing results from USADA have become final. It can take anywhere from 6-8 weeks for USATF to receive these results before payments are processed. Please make sure mailing addresses are up-to-date under your USATF membership profile so payments are not delayed.

IMPORTANT NOTICE REGARDING INTERNAL REVENUE SERVICE REGULATIONS ON TRAVEL STIPENDS

All athletes receiving travel stipends for any domestic or international event should carefully read this notice. The IRS requires that all travel stipends be treated as taxable income to the recipient, unless valid receipts for travel costs incurred are provided. Note that the process to determine stipend amounts and qualified athletes has not changed. Travel stipends will still be provided at the event as in the past. This is only a change in our recordkeeping and tax requirements.

No athlete or agent can receive travel stipend payment without prior submission of their Social Security Number (individuals and certain agents) or Federal ID Number (certain agents). If you have not already done so for payments received from USATF in the past, please provide this information to Sariyu Suggs by completing the following form:

IRS Form W-9: Request for Taxpayer Identification Number and Certification (PDF, via IRS.gov)

Fax or mail completed W-9 forms to:
USA Track & Field
ATTN: Sariyu ‘Beka’ Suggs
132 E. Washington St., Suite
800 Indianapolis, IN 46204
Fax: 317-261-0514 or 1-800-833.1466

For USATF Indoor and Outdoor Track & Field Championships, an email (or paper) receipt showing your airfare and itinerary is sufficient documentation. Please forward this information to Sariyu.Suggs@usatf.org any time leading up to the event, or up to 60 days after the event.

Notes:
Allocations WILL be taxable unless you provide the receipts mentioned above.
The W-9 has to be done by everyone and DOES NOT make the allocations tax-free.
Athletes or agents who have a W-9/SSN/FIN on file for past payments received from USATF do not need to complete a new form.

Incorporated agents (with a Federal ID number) accepting travel stipend payment on behalf of athletes need only provide their Federal ID number and an invoice of costs incurred for each individual athlete. It is the responsibility of these businesses to properly account for the funds.

Only those expenses that were not reimbursed or paid directly by another source (Sponsor, Local Organizing Committee, IAAF, etc.) can be applied against any domestic or international travel stipend from USATF.

All travel stipends not supported by the aforementioned documentation within 60 days of the related event, will be reported to the IRS and the recipients as taxable income. Please consult your accountant for proper tax treatment of any amounts reported as taxable income.

Television Broadcast
The 2014 U.S. Outdoor Track & Field Championships will be televised as follows:
  • Friday, June 27 – 10:00 PM – 12:00 AM – NBC Sports Network
  • Saturday, June 28 – 3:00 PM – 4:00 PM – Universal Sports
  • Saturday, June 28 – 4:00 PM – 6:00 PM – NBC
  • Sunday, June 29 – 3:00 PM – 4:00 PM – Universal Sports
  • Sunday, June 29 – 4:00 PM – 6:00 PM – NBC

Important Numbers and Locations
Local Organizing Committee / Sacramento Sports Commission
Athlete Hotel- Hilton Sacramento Arden West
Athlete Hotel –Doubletree Hotel
Declarations Help Line
USATF Helpline/Jim Estes

Note: Online declarations is the only method of declaration.
USADA Drug Reference Hotline (800) 233-0393
Sue Humphrey, Women’s Track & Field Chair (512) 751-4551 humphreyhj@aol.com
Ed Gorman, Men’s Track & Field Chair (201) 745-0244 egor29@aol.com
Ron Daniel, Race Walking Chair (860) 669-9008 rondaniel@sbcglobal.net

Lost and Found
Items lost in the stadium seating areas, throwing venues and the Well will be taken to the Information Tent/Lost and Found, located near Gate 2 at the Northeast end of the stadium and can be picked up when identified.
Appendix A

**Competition Schedule**

**Day One - Wednesday, June 25**

-Men's and Women's Shot Put will be contested at the California State Capitol-

<table>
<thead>
<tr>
<th>time</th>
<th>event</th>
<th>gndr/class</th>
<th>round</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00am</td>
<td>Shot Put</td>
<td>women</td>
<td>qualifying</td>
</tr>
<tr>
<td>11:30am</td>
<td>Shot Put</td>
<td>men</td>
<td>qualifying</td>
</tr>
<tr>
<td>4:30pm</td>
<td>Shot Put</td>
<td>women</td>
<td>trials/finals</td>
</tr>
<tr>
<td>6:15pm</td>
<td>Shot Put</td>
<td>men</td>
<td>trials/finals</td>
</tr>
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<td>100m Hurdles</td>
<td>jr. women</td>
<td>heptathlon</td>
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<td>100m</td>
<td>jr. men</td>
<td>decathlon</td>
</tr>
<tr>
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<td>High Jump</td>
<td>jr. women</td>
<td>heptathlon</td>
</tr>
<tr>
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<td>Long Jump</td>
<td>jr. men</td>
<td>decathlon</td>
</tr>
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<td>2:45pm</td>
<td>Shot Put</td>
<td>jr. men</td>
<td>decathlon</td>
</tr>
<tr>
<td>4:00pm</td>
<td>High Jump</td>
<td>jr. men</td>
<td>decathlon</td>
</tr>
<tr>
<td>4:00pm</td>
<td>Shot Put</td>
<td>jr. women</td>
<td>heptathlon</td>
</tr>
<tr>
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<td>jr. women</td>
<td>heptathlon</td>
</tr>
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Day Two - Thursday, June 26

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Appendix B

Competition Officials
Appendix C

20 km Race Walk Course

Directions:
1. Start Line is about 100 meters beyond the standard Finish line inside Hornet Stadium.
2. Competitors walk 1/4 laps on the track and exit track near the 100-meter Start Line onto a paved path.
3. Path leads approximately 100 meters to a left turn exit onto the 2000-meter race loop.
4. Walkers cross the main turning left and head northeast on State University Drive West walking on the right side of the road in a counter-clockwise direction.
5. Upon completing 6000 meters (9 lap flash), they complete the final 100 meters path back to the track and enter the back stadium.
6. Competitors cross the finish line.

Notes:
- The 20 km Race Walk Course is marked with orange cones and signs.
- The course is flat and well-paved.
- Competitors are required to wear white clothes.
- Water stations are available along the course.
- The course is monitored by safety personnel.
Appendix D

Hornet Stadium

Tent Key
1. Fan Entrance
2. Home Stretch Experience
3. Left blue tent
4. Coaches
5. Volunteers
6. Video Board
7. ATM
8. Farm-to-Fork Marketplace
9. Medical
10. Media Zone
11. Media Compound
12. Lane 9 Suites
13. Broad Fieldhouse
14. Party Deck

2014 USA Outdoor Track & Field Championships

SACRAMENTO SPORTS COMMISSION
Parking structure schematics reflect general allocation only.
Appendix F

All equipment and product deliveries for the 2014 USA Track and Field Outdoor Championships should be shipped as follows:

Hornet Stadium
6000 J Street, Sacramento CA 95819-6099
Attn: Steve Tebbs
916-224-4404 / stebbs@csus.edu

Delivery acceptance times:
- Mon., June 16 – Mon., June 23 – 8:00 AM to 5:00 PM / Tues., June 24 – Sat., June 28 – 6:00 AM to 9:00 AM

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PRODUCT

DESCRIPTION
Include quantity

EVENT USE

LOCAL CONTACT
Responsible for product during event

EXPECTED DELIVERY DATE

SHIPMENT METHOD / TRACKING #

SPECIAL HANDLING INSTRUCTIONS
Include storage req.

Insurance: It is understood that the Sacramento Sports Commission and Sacrament State University are not the insurer. That insurance, if required, it is to be obtained by the sender. If required materials should be insured for the duration of the event, including point to point shipping.

Please return form to hkurstin@gmail.com and stebbs@csus.edu with COMPANY NAME: USATF Outdoor Championships Shipment in the subject line of the email.
Appendix G

Vaulting Pole Transfer Form
Appendix H

Vaulting Poles Storage Labels
LAST NAME, FIRST NAME

SR. WOMEN DIVISION

2014 USATF OUTDOOR CHAMPIONSHIPS

POLE VAULT
LAST NAME, FIRST NAME

SR. DECATHLON

2014 USATF OUTDOOR CHAMPIONSHIPS

POLE VAULT
LAST NAME, FIRST NAME

SR. MEN DIVISION

2014 USATF OUTDOOR CHAMPIONSHIPS

POLE VAULT
Jr. Decathlon

2014 USATF Outdoor Championships

Pole Vault
**COLLEGE TOWN DR. CLOSURES**
- 7a-8p, Wed, June 25
- 7a-10p, Thurs, June 26
- 7a-11p, Fri, June 27
- 6a-11p, Sat, June 28
- 6a-6p, Sun, June 29

**STADIUM DR. CLOSURES**
- Mon, June 23 thru Sun, June 29

From J Street, Hwy 50 and Folsom Blvd event entry at all times.

College Town Dr will be closed from Sinclair Rd to State University Dr on Saturday and Sunday from 6a - 9a for the Men’s & Women’s racewalk.

Expect delays on College Town Dr between Stadium Dr and Sinclair Rd Monday & Tuesday, June 23-24, from 8:45a - 12:30p.
Appendix J

Sacramento Area Map