

**2014 USATF National Masters T& F Championship - 07/17/2014 to 07/20/2014**

\* = guest athlete

**Winston Salem, NC****Session Report**

Session: 2 Thursday Track

Day 1 - Thursday 07/17/2014 - Starts at 07:30 AM

	<b>Event</b>	<b>Round</b>
7:30 AM	#121 W35-79 10000 Meter Run	Finals
7:30 AM	#628 M70-84 10000 Meter Run	Finals
8:30 AM	#191 W35-74 5000 Meter Race Walk	Finals
8:30 AM	#694 M75-94 5000 Meter Race Walk	Finals
9:18 AM	#693 M45-74 5000 Meter Race Walk	Finals
10:00 AM	#607 M60-69 5000 Meter Run	Finals
11:00 AM	#67 W65-84 800 Meter Run	Finals
11:10 AM	#66 W60 800 Meter Run	Finals
11:18 AM	#65 W55 800 Meter Run	Finals
11:26 AM	#64 W50 800 Meter Run	Finals
11:34 AM	#63 W45 800 Meter Run	Finals
11:42 AM	#61 W30-44 800 Meter Run	Finals
11:50 AM	#570 M80-99 800 Meter Run	Finals
12:00 PM	#569 M75 800 Meter Run	Finals
12:10 PM	#568 M70 800 Meter Run	Finals
12:20 PM	#565 M55 800 Meter Run	Finals
12:30 PM	#564 M50 800 Meter Run	Finals
12:45 PM	#563 M45 800 Meter Run	Finals
12:55 PM	#562 M40 800 Meter Run	Finals
1:05 PM	#561 M30-39 800 Meter Run	Finals
1:15 PM	#47 W60 400 Meter Dash	Prelims
1:20 PM	#46 W55 400 Meter Dash	Prelims
1:30 PM	#45 W50 400 Meter Dash	Prelims
1:40 PM	#44 W45 400 Meter Dash	Prelims
1:50 PM	#548 M65 400 Meter Dash	Prelims
2:00 PM	#547 M60 400 Meter Dash	Prelims
2:10 PM	#546 M55 400 Meter Dash	Prelims
2:25 PM	#545 M50 400 Meter Dash	Prelims
2:40 PM	#544 M45 400 Meter Dash	Prelims
2:50 PM	#543 M40 400 Meter Dash	Prelims
3:00 PM	#542 M35 400 Meter Dash	Prelims

**2014 USATF National Masters T& F Championship - 07/17/2014 to 07/20/2014**

\* = guest athlete

**Winston Salem, NC****Session Report**

Session: 1 Pentathlon

Day 1 - Thursday 07/17/2014 - Starts at 08:00 AM

	<b>Event</b>	<b>Round</b>
8:00 AM	#884 Outdoor Pentathlon: #1 M50-59 Long Jump	Finals
8:00 AM	#884 Outdoor Pentathlon: #2 M50-59 Javelin Throw	Finals
8:00 AM	#884 Outdoor Pentathlon: #3 M50-59 200 Meter Dash	Finals
8:00 AM	#884 Outdoor Pentathlon: #4 M50-59 Discus Throw	Finals
8:00 AM	#884 Outdoor Pentathlon: #5 M50-59 1500 Meter Run	Finals
10:00 AM	#888 Outdoor Pentathlon: #1 M70-89 Long Jump	Finals
10:00 AM	#888 Outdoor Pentathlon: #2 M70-89 Javelin Throw	Finals
10:00 AM	#888 Outdoor Pentathlon: #3 M70-89 200 Meter Dash	Finals
10:00 AM	#888 Outdoor Pentathlon: #4 M70-89 Discus Throw	Finals
10:00 AM	#888 Outdoor Pentathlon: #5 M70-89 1500 Meter Run	Finals
10:45 AM	#382 Outdoor Pentathlon: #1 W30-84 80 Short Hurdles	Finals
10:45 AM	#382 Outdoor Pentathlon: #2 W30-84 High Jump	Finals
10:45 AM	#382 Outdoor Pentathlon: #3 W30-84 Shot Put	Finals
10:45 AM	#382 Outdoor Pentathlon: #4 W30-84 Long Jump	Finals
10:45 AM	#382 Outdoor Pentathlon: #5 W30-84 800 Meter Run	Finals
11:15 AM	#886 Outdoor Pentathlon: #1 M60-69 Long Jump	Finals
11:15 AM	#886 Outdoor Pentathlon: #2 M60-69 Javelin Throw	Finals
11:15 AM	#886 Outdoor Pentathlon: #3 M60-69 200 Meter Dash	Finals
11:15 AM	#886 Outdoor Pentathlon: #4 M60-69 Discus Throw	Finals
11:15 AM	#886 Outdoor Pentathlon: #5 M60-69 1500 Meter Run	Finals
12:15 PM	#881 Outdoor Pentathlon: #1 M30-49 Long Jump	Finals
12:15 PM	#881 Outdoor Pentathlon: #2 M30-49 Javelin Throw	Finals
12:15 PM	#881 Outdoor Pentathlon: #3 M30-49 200 Meter Dash	Finals
12:15 PM	#881 Outdoor Pentathlon: #4 M30-49 Discus Throw	Finals
12:15 PM	#881 Outdoor Pentathlon: #5 M30-49 1500 Meter Run	Finals

**2014 USATF National Masters T& F Championship - 07/17/2014 to 07/20/2014**

\* = guest athlete

**Winston Salem, NC****Session Report**

Session: 3 Thursday Field

Day 1 - Thursday 07/17/2014 - Starts at 08:00 AM

	<b>Event</b>	<b>Round</b>
8:00 AM	#841 M30-39 Javelin Throw 800G	Finals
8:00 AM	#812 M85-99 Shot Put 3K	Finals
9:00 AM	#811 M80 Shot Put 3K	Finals
9:00 AM	#366 W75-84 Hammer Throw	Finals
9:45 AM	#810 M75 Shot Put 4K	Finals
10:15 AM	#809 M70 Shot Put 4K	Finals
11:15 AM	#808 M65 Shot Put 5K	Finals
12:00 PM	#807 M60 Shot Put 5K	Finals
1:00 PM	#806 M55 Shot Put 6K	Finals
3:30 PM	#805 M50 Shot Put 6K	Finals
4:00 PM	#804 M45 Shot Put 7.26K	Finals
4:00 PM	#365 W60-74 Hammer Throw	Finals
4:00 PM	#831 M80-99 Discus Throw	Finals
4:45 PM	#803 M30-44 Shot Put 7.26K	Finals
5:00 PM	#261 W30-84 Pole Vault	Finals
5:15 PM	#364 W50-59 Hammer Throw	Finals
6:15 PM	#362 W35-49 Hammer Throw	Finals

**2014 USATF National Masters T& F Championship - 07/17/2014 to 07/20/2014**

\* = guest athlete

**Winston Salem, NC****Session Report**

Session: 4 Friday Track

Day 2 - Friday 07/18/2014 - Starts at 07:30 AM

	<b>Event</b>	<b>Round</b>
7:30 AM	#621 M30-59 10000 Meter Run	Finals
8:15 AM	#609 M85-94 5000 Meter Run	Finals
8:15 AM	#104 W55-79 5000 Meter Run	Finals
8:55 AM	#608 M70-84 5000 Meter Run	Finals
9:35 AM	#100 W30-54 5000 Meter Run	Finals
10:05 AM	#7 W60 100 Meter Dash	Prelims
10:07 AM	#6 W55 100 Meter Dash	Prelims
10:13 AM	#5 W50 100 Meter Dash	Prelims
10:20 AM	#4 W45 100 Meter Dash	Prelims
10:30 AM	#510 M75 100 Meter Dash	Prelims
10:35 AM	#508 M65 100 Meter Dash	Prelims
10:45 AM	#507 M60 100 Meter Dash	Prelims
10:55 AM	#506 M55 100 Meter Dash	Prelims
11:10 AM	#505 M50 100 Meter Dash	Prelims
11:17 AM	#504 M45 100 Meter Dash	Prelims
11:35 AM	#503 M40 100 Meter Dash	Prelims
11:42 AM	#501 M30 100 Meter Dash	Prelims
11:45 AM	#584 M45 1500 Meter Run	Finals
11:53 AM	#581 M30-44 1500 Meter Run	Finals
12:00 PM	#647 M60 100 Short Hurdles 33"	Prelims
12:10 PM	#646 M55 100 Short Hurdles 36"	Prelims
12:20 PM	#645 M50 100 Short Hurdles 36"	Prelims
12:30 PM	#181 W30-79 2000 Meter Steeplechase	Finals
12:48 PM	#688 M70-89 2000 Meter Steeplechase	Finals
1:06 PM	#687 M60-69 2000 Meter Steeplechase	Finals
1:25 PM	#685 M50-59 3000 Meter Steeplechase	Finals
1:40 PM	#683 M30-49 3000 Meter Steeplechase	Finals
2:00 PM	#50 W75-84 400 Meter Dash	Finals
2:03 PM	#49 W70 400 Meter Dash	Finals
2:06 PM	#48 W65 400 Meter Dash	Finals
2:09 PM	#47 W60 400 Meter Dash	Finals
2:12 PM	#46 W55 400 Meter Dash	Finals
2:15 PM	#45 W50 400 Meter Dash	Finals
2:18 PM	#44 W45 400 Meter Dash	Finals
2:21 PM	#43 W40 400 Meter Dash	Finals
2:24 PM	#41 W30-39 400 Meter Dash	Finals
2:27 PM	#552 M85-99 400 Meter Dash	Finals
2:30 PM	#551 M80 400 Meter Dash	Finals
2:33 PM	#550 M75 400 Meter Dash	Finals
2:36 PM	#549 M70 400 Meter Dash	Finals
2:39 PM	#548 M65 400 Meter Dash	Finals
2:41 PM	#547 M60 400 Meter Dash	Finals

**2014 USATF National Masters T& F Championship - 07/17/2014 to 07/20/2014**

\* = guest athlete

**Winston Salem, NC****Session Report**

Session: 4 Friday Track

Day 2 - Friday 07/18/2014 - Starts at 07:30 AM

	<b>Event</b>	<b>Round</b>
2:44 PM	#546 M55 400 Meter Dash	Finals
2:47 PM	#545 M50 400 Meter Dash	Finals
2:50 PM	#544 M45 400 Meter Dash	Finals
2:53 PM	#543 M40 400 Meter Dash	Finals
2:55 PM	#542 M35 400 Meter Dash	Finals
2:58 PM	#541 M30 400 Meter Dash	Finals
3:10 PM	#149 W70-84 80 Short Hurdles 27"	Finals
3:13 PM	#148 W65 80 Short Hurdles 27"	Finals
3:16 PM	#147 W60 80 Short Hurdles 27"	Finals
3:19 PM	#651 M80-94 80 Short Hurdles 27"	Finals
3:27 PM	#650 M75 80 Short Hurdles 30"	Finals
3:30 PM	#649 M70 80 Short Hurdles 30"	Finals
3:33 PM	#145 W50-59 80 Short Hurdles 30"	Finals
3:41 PM	#144 W40-49 80 Short Hurdles 30"	Finals
3:51 PM	#648 M65 100 Short Hurdles 33"	Finals
3:54 PM	#647 M60 100 Short Hurdles 33"	Finals
4:02 PM	#141 W30-39 100 Short Hurdles 33"	Finals
4:10 PM	#646 M55 100 Short Hurdles 36"	Finals
4:13 PM	#645 M50 100 Short Hurdles 36"	Finals
4:20 PM	#644 M45 110 Short Hurdles 39"	Finals
4:23 PM	#643 M40 110 Short Hurdles 39"	Finals
4:26 PM	#642 M35 110 Short Hurdles 39"	Finals
4:29 PM	#641 M30 110 Short Hurdles 39"	Finals
4:45 PM	#506 M55 100 Meter Dash	Semis
4:50 PM	#504 M45 100 Meter Dash	Semis

**2014 USATF National Masters T& F Championship - 07/17/2014 to 07/20/2014**

\* = guest athlete

**Winston Salem, NC****Session Report**

Session: 5 Friday Field

Day 2 - Friday 07/18/2014 - Starts at 07:30 AM

	<b>Event</b>	<b>Round</b>
7:30 AM	#870 M80-94 Hammer Throw	Finals
8:00 AM	#701 M30-44 Long Jump	Finals
8:30 AM	#241 W30-59 High Jump	Finals
8:45 AM	#869 M70-79 Hammer Throw	Finals
8:45 AM	#879 M80-99 Weight Throw	Finals
9:30 AM	#704 M45 Long Jump	Finals
9:30 AM	#765 M60-69 Pole Vault	Finals
10:00 AM	#868 M65 Hammer Throw	Finals
10:00 AM	#877 M70-79 Weight Throw	Finals
10:30 AM	#867 M60 Hammer Throw	Finals
10:45 AM	#705 M50 Long Jump	Finals
11:00 AM	#876 M65 Weight Throw	Finals
11:15 AM	#247 W60-84 High Jump	Finals
12:00 PM	#343 W30-49 Javelin Throw 600G	Finals
12:00 PM	#706 M55 Long Jump	Finals
12:15 PM	#875 M60 Weight Throw	Finals
1:15 PM	#707 M60 Long Jump	Finals
1:15 PM	#344 W50-59 Javelin Throw 500G	Finals
2:45 PM	#346 W60-69 Javelin Throw 500G	Finals
2:45 PM	#708 M65 Long Jump	Finals
3:45 PM	#347 W70 Javelin Throw 500G	Finals
4:00 PM	#709 M70 Long Jump	Finals
4:30 PM	#825 M50 Discus Throw	Finals
4:45 PM	#348 W75-84 Javelin Throw 400G	Finals
5:15 PM	#710 M75-94 Long Jump	Finals
5:15 PM	#826 M55 Discus Throw	Finals

Session: 8 Road

Day 3 - Saturday 07/19/2014 - Starts at 06:30 AM

	<b>Event</b>	<b>Round</b>
6:30 AM	#900 M45-89 10000 Meter Race Walk	Finals
6:30 AM	#437 W35-74 10000 Meter Race Walk	Finals

**2014 USATF National Masters T& F Championship - 07/17/2014 to 07/20/2014**

\* = guest athlete

**Winston Salem, NC****Session Report**

Session: 6 Saturday Track

Day 3 - Saturday 07/19/2014 - Starts at 07:30 AM

	<b>Event</b>	<b>Round</b>
7:30 AM	#627 M60-69 10000 Meter Run	Finals
8:20 AM	#605 M50-59 5000 Meter Run	Finals
8:50 AM	#87 W60-84 1500 Meter Run	Finals
9:05 AM	#85 W50-59 1500 Meter Run	Finals
9:15 AM	#83 W45 1500 Meter Run	Finals
9:25 AM	#81 W30-44 1500 Meter Run	Finals
9:37 AM	#10 W75-84 100 Meter Dash	Finals
9:40 AM	#9 W70 100 Meter Dash	Finals
9:43 AM	#8 W65 100 Meter Dash	Finals
9:46 AM	#7 W60 100 Meter Dash	Finals
9:49 AM	#6 W55 100 Meter Dash	Finals
9:52 AM	#5 W50 100 Meter Dash	Finals
9:55 AM	#4 W45 100 Meter Dash	Finals
9:58 AM	#3 W40 100 Meter Dash	Finals
10:01 AM	#2 W35 100 Meter Dash	Finals
10:04 AM	#1 W30 100 Meter Dash	Finals
10:07 AM	#513 M90-99 100 Meter Dash	Finals
10:11 AM	#512 M85 100 Meter Dash	Finals
10:15 AM	#511 M80 100 Meter Dash	Finals
10:18 AM	#510 M75 100 Meter Dash	Finals
10:21 AM	#509 M70 100 Meter Dash	Finals
10:24 AM	#508 M65 100 Meter Dash	Finals
10:27 AM	#507 M60 100 Meter Dash	Finals
10:30 AM	#506 M55 100 Meter Dash	Finals
10:33 AM	#505 M50 100 Meter Dash	Finals
10:37 AM	#504 M45 100 Meter Dash	Finals
10:41 AM	#503 M40 100 Meter Dash	Finals
10:45 AM	#502 M35 100 Meter Dash	Finals
10:49 AM	#501 M30 100 Meter Dash	Finals
11:00 AM	#567 M65 800 Meter Run	Finals
11:06 AM	#566 M60 800 Meter Run	Finals
11:25 AM	#26 W55 200 Meter Dash	Prelims
11:32 AM	#25 W50 200 Meter Dash	Prelims
11:39 AM	#24 W45 200 Meter Dash	Prelims
11:45 PM	#22 W35 200 Meter Dash	Prelims
11:48 AM	#531 M80 200 Meter Dash	Prelims
11:50 AM	#530 M75 200 Meter Dash	Prelims
11:53 AM	#528 M65 200 Meter Dash	Prelims
12:00 PM	#527 M60 200 Meter Dash	Prelims
12:10 PM	#526 M55 200 Meter Dash	Prelims
12:25 PM	#525 M50 200 Meter Dash	Prelims
12:35 PM	#524 M45 200 Meter Dash	Prelims

**2014 USATF National Masters T& F Championship - 07/17/2014 to 07/20/2014**

\* = guest athlete

**Winston Salem, NC****Session Report**

Session: 6 Saturday Track

Day 3 - Saturday 07/19/2014 - Starts at 07:30 AM

	<b>Event</b>	<b>Round</b>
12:50 PM	#523 M40 200 Meter Dash	Prelims
1:00 PM	#522 M35 200 Meter Dash	Prelims
1:07 PM	#521 M30 200 Meter Dash	Prelims
1:30 PM	#467 W40-79 Meter Shuttle Hurdle	Finals
1:45 PM	#915 M35-79 Meter Shuttle Hurdle	Finals
2:15 PM	#526 M55 200 Meter Dash	Semis
2:25 PM	#524 M45 200 Meter Dash	Semis

Session: 7 Saturday Field

Day 3 - Saturday 07/19/2014 - Starts at 07:30 AM

	<b>Event</b>	<b>Round</b>
7:30 AM	#821 M30-39 Discus Throw	Finals
8:00 AM	#328 W75-84 Discus Throw .75k	Finals
8:00 AM	#849 M70 Javelin Throw 500G	Finals
8:00 AM	#873 M50-59 Weight Throw	Finals
8:45 AM	#327 W70 Discus Throw	Finals
9:00 AM	#201 W30-39 Long Jump	Finals
9:15 AM	#726 M60 Triple Jump	Finals
9:15 AM	#850 M75 Javelin Throw 500G	Finals
9:30 AM	#744 M50-59 High Jump	Finals
9:30 AM	#767 M70-94 Pole Vault	Finals
10:00 AM	#848 M65 Javelin Throw 600G	Finals
10:00 AM	#871 M30-49 Weight Throw	Finals
10:15 AM	#203 W40-49 Long Jump	Finals
11:00 AM	#728 M65-74 Triple Jump	Finals
11:00 AM	#847 M60 Javelin Throw 600G	Finals
11:30 AM	#205 W50-59 Long Jump	Finals
12:30 PM	#724 M50-59 Triple Jump	Finals
12:30 PM	#747 M60-69 High Jump	Finals
12:30 PM	#761 M30-49 Pole Vault	Finals
12:30 PM	#846 M55 Javelin Throw 700G	Finals
12:45 PM	#206 W60-69 Long Jump	Finals
1:45 PM	#208 W70-84 Long Jump	Finals
1:45 PM	#845 M50 Javelin Throw 700G	Finals
2:00 PM	#729 M75-94 Triple Jump	Finals
2:30 PM	#843 M40-49 Javelin Throw 800G	Finals
3:45 PM	#326 W60-69 Discus Throw	Finals
5:00 PM	#323 W50-59 Discus Throw	Finals
6:15 PM	#321 W30-49 Discus Throw	Finals



**2014 USATF National Masters T& F Championship - 07/17/2014 to 07/20/2014**

\* = guest athlete

**Winston Salem, NC****Session Report**

Session: 10 Sunday Field

Day 4 - Sunday 07/20/2014 - Starts at 07:30 AM

	<b>Event</b>	<b>Round</b>
7:30 AM	#311 W75-84 Shot Put 2K	Finals
7:30 AM	#851 M80-99 Javelin Throw 400G	Finals
7:30 AM	#830 M75 Discus Throw	Finals
8:15 AM	#219 W30-54 Triple Jump	Finals
8:15 AM	#309 W70 Shot Put 3K	Finals
8:30 AM	#371 W75-84 Weight Throw	Finals
8:30 AM	#741 M30-49 High Jump	Finals
8:30 AM	#829 M70 Discus Throw	Finals
9:00 AM	#308 W65 Shot Put 3K	Finals
9:30 AM	#828 M65 Discus Throw	Finals
10:00 AM	#306 W55-64 Shot Put 3K	Finals
10:00 AM	#222 W55-84 Triple Jump	Finals
10:00 AM	#762 M50-59 Pole Vault	Finals
10:45 AM	#827 M60 Discus Throw	Finals
11:15 AM	#305 W50 Shot Put 3K	Finals
11:15 AM	#370 W60-74 Weight Throw	Finals
11:30 AM	#749 M70-94 High Jump	Finals
11:45 AM	#721 M30-49 Triple Jump	Finals
12:00 PM	#823 M40-49 Discus Throw	Finals
12:15 PM	#302 W30-49 Shot Put 4K	Finals
12:30 PM	#369 W50-59 Weight Throw 16#	Finals
1:45 PM	#368 W30-49 Weight Throw 20#	Finals
1:30 PM	#864 M50-59 Hammer Throw	Finals
2:30 PM	#861 M30-49 Hammer Throw	Finals

**2014 USATF National Masters T& F Championship - 07/17/2014 to 07/20/2014**

\* = guest athlete

**Winston Salem, NC****Session Report**

Session: 9 Sunday Track

Day 4 - Sunday 07/20/2014 - Starts at 08:00 AM

	<b>Event</b>	<b>Round</b>
8:00 AM	#601 M30-49 5000 Meter Run	Finals
8:30 AM	#590 M75-99 1500 Meter Run	Finals
8:45 AM	#589 M70 1500 Meter Run	Finals
8:54 AM	#588 M65 1500 Meter Run	Finals
9:03 AM	#587 M60 1500 Meter Run	Finals
9:11 AM	#586 M55 1500 Meter Run	Finals
9:20 AM	#585 M50 1500 Meter Run	Finals
9:35 AM	#167 W75-84 200 Long Hurdles 27"	Finals
9:38 AM	#673 M80-94 200 Long Hurdles 27"	Finals
9:47 AM	#166 W65 300 Long Hurdles 27"	Finals
9:50 AM	#165 W60 300 Long Hurdles 27"	Finals
9:53 AM	#671 M75 300 Long Hurdles 27"	Finals
9:56 AM	#669 M70 300 Long Hurdles 27"	Finals
10:04 AM	#163 W50-59 300 Long Hurdles 30"	Finals
10:07 AM	#661 M65 300 Long Hurdles 30"	Finals
10:10 AM	#659 M60 300 Long Hurdles 30"	Finals
10:20 AM	#162 W40-49 400 Long Hurdles 30"	Finals
10:23 AM	#161 W35 400 Long Hurdles 30"	Finals
10:26 AM	#160 W30 400 Long Hurdles 30"	Finals
10:35 AM	#658 M55 400 Long Hurdles 33"	Finals
10:40 AM	#657 M50 400 Long Hurdles 33"	Finals
10:48 AM	#656 M45 400 Long Hurdles 36"	Finals
10:51 AM	#653 M30-44 400 Long Hurdles 36"	Finals
11:02 AM	#30 W75-84 200 Meter Dash	Finals
11:05 AM	#29 W70 200 Meter Dash	Finals
11:08 AM	#28 W65 200 Meter Dash	Finals
11:11 AM	#27 W60 200 Meter Dash	Finals
11:14 AM	#26 W55 200 Meter Dash	Finals
11:17 AM	#25 W50 200 Meter Dash	Finals
11:20 AM	#24 W45 200 Meter Dash	Finals
11:23 AM	#23 W40 200 Meter Dash	Finals
11:26 AM	#22 W35 200 Meter Dash	Finals
11:29 AM	#21 W30 200 Meter Dash	Finals
11:32 AM	#533 M90-99 200 Meter Dash	Finals
11:36 AM	#532 M85 200 Meter Dash	Finals
11:40 AM	#531 M80 200 Meter Dash	Finals
11:43 AM	#530 M75 200 Meter Dash	Finals
11:46 AM	#529 M70 200 Meter Dash	Finals
11:49 AM	#528 M65 200 Meter Dash	Finals
11:52 AM	#527 M60 200 Meter Dash	Finals
11:55 AM	#526 M55 200 Meter Dash	Finals
11:58 AM	#525 M50 200 Meter Dash	Finals

**2014 USATF National Masters T& F Championship - 07/17/2014 to 07/20/2014**

\* = guest athlete

**Winston Salem, NC****Session Report**

Session: 9 Sunday Track

Day 4 - Sunday 07/20/2014 - Starts at 08:00 AM

	<b>Event</b>	<b>Round</b>
12:01 PM	#524 M45 200 Meter Dash	Finals
12:04 PM	#523 M40 200 Meter Dash	Finals
12:07 PM	#522 M35 200 Meter Dash	Finals
12:10 PM	#521 M30 200 Meter Dash	Finals
12:30 PM	#443 W30-84 4x100 Meter Relay Non Club	Finals
12:35 PM	#442 W30-84 4x100 Meter Relay CLUB	Finals
12:45 PM	#910 M30-89 4x100 Meter Relay Non Club	Finals
12:55 PM	#909 M30-89 4x100 Meter Relay CLUB	Finals
1:05 PM	#466 W30-89 4x800 Meter Relay Non Club	Finals
1:05 PM	#465 W30-89 4x800 Meter Relay CLUB	Finals
1:20 PM	#914 M30-89 4x800 Meter Relay Non Club	Finals
1:20 PM	#913 M30-89 4x800 Meter Relay CLUB	Finals
1:40 PM	#456 W30-84 4x400 Meter Relay Non Club	Finals
1:45 PM	#455 W30-84 4x400 Meter Relay CLUB	Finals
1:55 PM	#912 M30-89 4x400 Meter Relay Non Club	Finals
2:05 PM	#911 M30-89 4x400 Meter Relay CLUB	Finals