



# RACE SUMMARY AND APPLICATION FOR RECOGNITION OF PERFORMANCES IN TIME-DEFINED LONG DISTANCE RUNNING EVENTS (1 HOUR-144 HOURS)

## PART I: GENERAL INFORMATION

RACE: Name \_\_\_\_\_ Distance \_\_\_\_\_ meters/km/miles  
Type (check one)  1 Hr  2Hr  12Hr  24Hr  48Hr  144Hr  
Date \_\_\_/\_\_\_/\_\_\_ Race date next yr \_\_\_/\_\_\_/\_\_\_ USATF sanction  yes  no  
Location \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_  
PERSONNEL: Director's Name \_\_\_\_\_ Tel \_\_\_\_\_  
Your name \_\_\_\_\_ Tel \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

PARTICIPANTS: Number of entrants \_\_\_\_\_  
Number of male finishers \_\_\_\_\_ Number of female finishers \_\_\_\_\_

TRENDS: Was the number of participants up or down from last year? \_\_\_\_\_  
Possible reasons for decrease, increase, or no change \_\_\_\_\_

RACE DAY CONDITIONS: Describe environmental factors (humidity, wind, rain, temperature, manmade obstructions, etc.) which might have affected performances:  
\_\_\_\_\_  
\_\_\_\_\_

## PART II: THE COURSE

(Check one)  
 Entirely on a curbed track of \_\_\_\_\_ meters/yards  
 Entirely on an uncurbed track of \_\_\_\_\_ meters/yards  
 Entirely or partially on a road course, distance \_\_\_\_\_ meters/yards/km/meters

If road or track with no curb (USATF Rule 263):

I, the undersigned, hereby attest that the event identified in Part I above was conducted on the course with monitors or chief inspector, if required, as described on the attached USATF/RRTC Course Measurement Certificate # \_\_\_\_\_.

In the event that a record is to be validated, the following evidence is available:

photo of finish  photo of turnaround (if applicable)  photos of cones on turns  
 videotape of \_\_\_\_\_  
 other \_\_\_\_\_

Signed \_\_\_\_\_ Race Director

### About This Form

The information supplied on this form and the accompanying results will be used by USATF and Mountain/Ultra/Trail Council (MUTC) to document the sport of running and identify the best runners of all ages in each state. If any items of information are unknown, leave them blank and fill in what you can.

**This data is important to the growth of our sport so we thank you in advance for your cooperation.**

### Specific Instructions for Different Event Types

1. Low key, small event, USATF certified course or standard track but "We'll never have a record..."  
Actually, very few events have no noteworthy performances. We are also looking for nationally ranked times for each year and state records or rankings.
2. Uncertified road course or track with no curb: Complete page 1 only, as this information enables USATF to update statistics. Records are not possible on these courses.

## PART III: TIMING AND SCORING

### 1. EVENT TIME AND PERFORMANCE DISTANCE MEASURING SYSTEM

Describe the timing system used to determine the exact end of the event.

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Describe the judging system used to determine the exact distances covered by each participant and the method used to measure the distances of partial laps at the end of the event.

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### 2. WINNING PERFORMANCES

Distance completed by men's winner (to nearest meter/yard behind rear edge of athlete's last footprint) \_\_\_\_\_

Distance completed by women's winner (to nearest meter/yard behind rear edge of athlete's last footprint) \_\_\_\_\_

The distances reported above are accurate and the timing and measurement was in accordance with USATF Rules 243-245.

Signed \_\_\_\_\_ Chief Judge/Timer

### 3. OTHER PERFORMANCES

If other performances (including en-route distances, e.g. a 12-hour performance in a 24-hour race) are submitted for record recognition and lap sheets are included to verify these performances, please enter below:

Name of Athlete	(Age)	Date of Birth	Time	Distance
_____	( )	__/__/__	____.____	_____
_____	( )	__/__/__	____.____	_____
_____	( )	__/__/__	____.____	_____
_____	( )	__/__/__	____.____	_____
_____	( )	__/__/__	____.____	_____
_____	( )	__/__/__	____.____	_____

If en-route performances at standard distances (e.g. 100 miles in a 24-hour race) are submitted for record recognition and stopped times were recorded for such performances, please enter below (note that at least 2 stopped times are required for Open and All-Comers records):

Name of Athlete	(Age)	Date of Birth	Stopped Time #1	Stopped Time #2	Distance
_____	( )	__/__/__	____.____	____.____	_____
_____	( )	__/__/__	____.____	____.____	_____
_____	( )	__/__/__	____.____	____.____	_____
_____	( )	__/__/__	____.____	____.____	_____
_____	( )	__/__/__	____.____	____.____	_____
_____	( )	__/__/__	____.____	____.____	_____

### 4. LAP SHEETS

Copies of lap sheets for all performances submitted for records recognition are included with this application as per attached sample form. Do NOT send original lap sheets.

Signed \_\_\_\_\_ Chief Scorer

## PART IV: BONA FIDE COMPETITION

I the undersigned, being the duly appointed referee for the above described race hereby attest that I am conversant with the rules, standards and requirements of USATF with respect to the conduct of a road race, if applicable. I am satisfied that:

1. The start was “fair” and in accordance with USATF Rule 242.
2. The course was monitored to prevent course cutting and to the best of my knowledge all official finishers ran the course as certified (or as defined by the inside lane boundary of a track) and in accordance with USATF Rules 243 and 244.
3. The standards of bona fide competition were in effect and that all the award winners competed fairly and within the intent of USATF Rule 144.

*USATF Rule 144.2—“...a competitor who has received any assistance whatsoever may be disqualified by the Referee. ‘Assistance’ is the conveying of advice, information or direct help to an athlete by any means, including a technical device.... [it also includes] pacing in running or walking events by persons not participating in the event.”*

*USATF Rule 144.8—“No attendant or competitor who is not actually taking part in the competition shall accompany any competitor on the mark or in the competition, nor shall any competitor be allowed, without the permission of the Referee or Judges, to receive assistance or refreshment from anyone during the progress of the competition, except as provided by Rules 144.3(b), 144.9, 232, or 241.”*

Signed \_\_\_\_\_  
Referee or Race Director

Rule 125 of the Competition Rules of USATF establishes the role of the Referee as follows:

1. *The Referee shall ensure that the rules and applicable USATF competition regulations are observed and shall decide upon any matters which arise during the meet, including any matter arising at competitor check-in, and for which provision has not been made in these rules or any applicable competition regulation. The Referee for track events and for events outside the stadium shall have jurisdiction to decide placings in a race only when the Chief Finish Judge is unable to arrive at a decision. (Rule 125.2)*
2. *The decision of the Referee is all matters shall be final and without further right to except has been established for that special purpose. (Rule 125.4) For Championship long distance and cross country running events, a Jury of Appeal shall be appointed. For non-championship long distance running and cross country events, a Jury of Appeal should be appointed, when feasible. (Rule 119.4)*

The responsibilities of the Referee and the Games Committee are to confirm that the start and finish were in the correct locations, to be able to attest to the actual course followed by the runners and to be stationed with the timing and lap counting crews to ascertain that the timing devices were properly started and stopped and that all times and laps were properly recorded.

## SUMMARY OF INFORMATION NEEDED

The recognition of road race performances is based on the following guiding principles:

1. The duration of the event must be not longer than the stated duration.
2. The actual distance covered must be at least as long as the distance claimed.
3. The performance was achieved in bona fide competition.
4. All applicable rules of USATF were followed.

For performances to be eligible for annual rankings the following must be submitted:

- \_\_\_ A) COMPLETE SET OF RACE RESULTS (including the specific age, birth date, and home town of each finisher).
- \_\_\_ B) ALL PARTS OF THIS DOCUMENT PROPERLY COMPLETED.
- \_\_\_ C) COPY OF CURRENT USATF/RRTC COURSE MEASUREMENT CERTIFICATE WITH MAP, IF APPLICABLE.
- \_\_\_ D) COPIES OF LAP SHEETS FOR ANY POTENTIAL RECORD HOLDERS.

## INFORMATION CONTACT

Andy Carr  
15270 Highgrove Rd  
Milton, GA 30004-3190  
acarr@atlantatrackclub.org  
678-596-0662  
[www.USATFNE.org/records](http://www.USATFNE.org/records)

# USATF LAP SHEET FOR LDR TRACK AND MULTIPLE-LOOP ROAD COURSES

DO NOT WRITE on the original master sheet because you may need lots of photocopies.  
See the page 5 for instructions on how to adapt the form for each particular event.



Name of Event \_\_\_\_\_ Date \_\_\_/\_\_\_/\_\_\_

Circle One:  Track  Road Loop      USATF Certification # \_\_\_\_\_

The certified distance of one lap of this track/course is \_\_\_\_\_

Page \_\_\_ of \_\_\_

Athlete's Name \_\_\_\_\_ Athlete's Number \_\_\_\_\_ Club/Color \_\_\_\_\_

^ RECORD FROM THE BOTTOM UP ^

^ RECORD FROM THE BOTTOM UP ^


Lap#	Time	Init	Comments	Distance		Lap#	Time	Init	Comments	Distance

LAP RECORDERS FOR THIS PAGE:

1.	2.	3.	4.	Initials	Name	Address	Phone#

**USATF LAP SHEET FOR LDR TRACK AND  
MULTIPLE-LOOP ROAD COURSES**

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Name of Event Weston 6-Day Date 6/17/07  
 Circle One Track Road Loop USATF Certification # NJ 8724 DB  
 The certified distance of one lap of this track/course is 0.2500 miles Page 1 of 1  
 Athlete's Name Don Cho Athlete's Number 100 Club/Color yellow

^ RECORD FROM THE BOTTOM UP ^      ^ RECORD FROM THE BOTTOM UP ^

Lap#	Time	Init	Comments	Distance	Lap#	Time	Init	Comments	Distance
24	:45:21	JP		6M	42	1:36:37	SB		12M
23	:43:18	JP			47	1:34:06	SB		
22	:41:22	JP			46	1:32:14	SB		
21	:39:26	DB			45	1:30:03	SB		
20	:37:29	DB		5M	44	1:27:53	SB		11M
19	:35:37	DB			43	1:25:44	SB		
18	:33:41	DB			42	1:23:34	SB		
17	:31:41	DB			41	1:21:26	JP		
16	:29:41	DB		4M	40	1:19:21	JP		10M
15	:27:42	DB			39	1:17:19	JP		
14	:25:45	DB			38	1:15:14	JP	walk + drink	
13	:23:49	DB			37	1:10:58	JP		
12	:21:53	DB		3M	36	1:08:53	JP		9M
11	:19:54	DB			35	1:06:49	JP		
10	:17:56	DB			34	1:04:40	JP		
9	:16:03	DB			33	1:02:35	JP		
8	:14:10	DB		2M	32	1:00:20	JP		8M
7	:12:18	DB			31	:58:28	JP		
6	:10:27	DB			30	:57:01	JP	bad lap time	
5	:08:38	DB			29	:54:43	JP		
4	:06:53	DB		1M	28	:52:51	JP		7M
3	:05:08	DB			27	:51:37	JP		
2	:03:28	DB			26	:49:34	JP		
1	:01:47	DB			25	:47:24	JP		

LAP RECORDERS FOR THIS PAGE:

Initials	Name	Address	Phone#
1. DB	Don Brannen	353 Stevens Rd, Welling, NJ 07057	---
2. JP	Jane Porter		---
3. SB	Sybil Bailey		---
4.			---

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### Lap Sheet Instructions

**Lap #:** These should be written or typed onto a master set of lap sheets for each specific event in advance of the event. Enter lap numbers from the bottom up, left column first. The total number of laps should be sufficient to cover all possible performances in the event. For example, the world's best for 24 hours is 178.00 miles, or 712 laps of a 1/4-mile track. Therefore each runner's lap sheets for a 24-hour run on a 1/4-mile track should allow for approximately 720 laps. Since each lap sheet records 48 laps, there would be 15 lap sheets for each runner. Spare pages with no lap numbers should be on hand for emergency use.

**Time:** Times are recorded from the bottom up, left column first. This makes it easier for the race director and USATF lap sheet reviewer to compute individual lap times. Note that the bad lap (lap #30) is readily identifiable in this format.

**Comments:** Note anything that will influence the runner's pace, such as walk, rest, eat, bathroom break, massage break, medical check, etc.

**Distance:** Enter the total distance covered so far. No need to fill this in for each lap. These can be filled in advance on the event's master sheet set, or simply during the event by the lap counter or race director.

**Init.:** Every single lap time must be initialed by the person who recorded it. All recorders for each page must be listed, with contact address, at the bottom of the page.

The basic lap sheet is generic for all multi-lap events, whether held on road or track. The "lap number" is the only constant. All other columns are variable, depending on the certified length of a single lap of the course or track.